THE COMMUNITY NEWS.

Cefn Mawr, Acrefair, Plas Madoc, Dee Valley and District Issue 67 Autumn 2021



DOUBLE 90th JOY

There really must be something in the air here in Cefn Mawr and we are delighted we have these two lovely ladies *Bella Smith* of Heol Berywn and *Shirley Davies* of Heol Cefnydd who both celebrated their 90th Birthdays in July.



Cefn Community
Council Chair Phil
Vaughan was on
hand to deliver cards
and flowers on behalf
of all at Cefn
Community Council
to help them mark
their special day. We
hope they both had
an enjoyable day.

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Club secretary Deans daughter Sofia 5, is in remission from kidney cancer, he and his partner Nia wanted to give something back for the treatment, support and care she received throughout her journey. They decided to do the 3 Peak Challenge climbing Ben Nevis, Scafel Pike and Snowdon in 24 hours and were joined by a number of club members see photo above together raising close to £8.5k via a GoFundMe page and cash donations, the money raised will be equally split between Alderhey, Wrexham Children's Ward & Young Lives vs Cancer - CLIC Sargent. Fantastic team effort, thank you to all who took part and made it happen.



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New Members
Welcome
Just Come
Along!



TESCO IN THE COMMUNITY



Not only is Lee a smiling face you can see instore but he also is a dab hand in the kitchen! He recently popped down to the CRNCA Lunch Club, giving some help with lunch and made

a very tasty Eaton Mess for pudding which went down a treat. He will be supporting them to cook and serve lunch and will be there once a month and asked "what's your favourite lunchtime meal? " let him know.



We are delighted to welcome the return of our *Bags* of *Help Community Project* here instore. Voting is now open for our current local Community Projects, so pick up a blue token instore at the checkout and pop it in the voting unit on exit of the store with the project you want to win . Good luck to all projects in the running. Don't forget you can recycle your used batteries in the bin located at the front of our store. Are there any local schools or businesses in the Cefn Mawr and surrounding areas that need some help with a upcoming project? How can we help? Simply drop us a message on our Facebook page Tesco Cefn Mawr Community or leave a message at the Customer Services Desk in store and we will be in contact.

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CREATING A COMMUNITY GARDEN AND ORCHARD AT ST JOHN'S CHURCH

Children from *The Land* in Plas Madoc have begun planting a new community garden and orchard in the churchyard of St John's, Rhos y Medre. Fruit bushes, such as gooseberry, blackcurrant and raspberry, have created a green border around new raised beds funded by the *Diocese of St Asaph's Coronavirus Emergency Fund* and constructed by *Dave Bullough* and *Gareth Poole* from The Land. The raised beds have been planted with strawberries, cabbages, leeks, broccoli, carrots and herbs. Later in the year a selection of heritage *Welsh Apple Trees*, provided by **Keep Wales**



Tidy through the *Local Places for Nature* campaign, will arrive to be planted. The Land Play Centre is bringing members of its two gardening clubs to the churchyard regularly to help maintain the new garden but it is open to anyone who wishes to do some weeding or watering to keep it tidy and flourishing. This is the latest project started by *GroWrexham*, an initiative by churches in Wrexham to encourage people to grow their own fruit and vegetables. Earlier in the year, *GroWrexham* gave out 100 sets of gardening equipment to

people living in Plas Madoc. The sets included pots, compost, grow bags, a trowel and fork, a watering can and packets of seeds. You can find out more at https://www.facebook.com/GroWrexham





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At J. Francis Roberts & Son Ltd. Please rest assured we are doing everything possible to continue providing you with the same high quality service as we hopefully get back to normal. With the lifting of Covid restrictions the number of attendees permitted within the Crematorium is 100 and there are no restrictions for a cemetery, burial ground or garden of remembrance. Face coverings and sanitisation guidelines still apply as do the need for track and trace information.

Crane Medical Centre

(Crane St, Cefn Mawr, LL14 3AB; Tel: 01978 810844)

News Update



Since the last edition we can proudly report we have vaccinated over 1700 patients and concluded our Covid -19 vaccination clinics here at the surgery and at Plas Madoc Leisure Centre. So a very big thank you to all those patients who accepted our offer of being vaccinated and have help towards keeping our community safer from the threat of Covid.

All adults aged 18 or over will have received an invitation for their first and second doses, either by letter or text message. If you have not yet received either doses and would like to be booked into a BCUHB clinic please contact the central booking centre on 03000 840004 or alternatively you can also book via this link: https://bcuhb.nhs.wales/covid-19/covid-19-vaccination-information/covid-19-vaccination-online-booking/ Please be mindful with the Delta variant circulating, evidence shows the best protection for you and others around you is to have received two doses of the vaccine. If you have any concerns about receiving the vaccination, we urge you to attend your scheduled appointment where there is opportunity to discuss these with a clinician.

New out-of-hours service

On the 22nd June the NHS 111 Wales service was launched in our area and is run by the Welsh Ambulance Service NHS Trust. This gives free access to urgent out-of-hours medical care and round-the-clock health support and guidance. If you need care that cannot wait until the surgery is open, please ring 111. This number is free-to-call and you won't be charged for the call. If you have difficulty in accessing the 111 service, please ring 0345 46 47. You can also ring 111 between 8am and 6.30pm Monday to Friday if you need health information and advice.

Winter Flu vaccination programme 2021

For all eligible patients we urge you to contact the surgery to confirm a booking slot for your flu vaccination. To allow us to vaccinate you safely whilst adhering to social distancing we will be running a mass flu vaccination clinic at Plas Madoc Leisure Centre in the Sports Hall on Saturday 25th September.

If, however, you are not a currently registered patient and struggling to access healthcare services for whatever reason please contact us today at Crane Medical Centre on 01978 810844 as we are happy and excited to accept new patient registrations and welcome you to our practice. We look forward to updating

you in next addition.



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TY MAWR COUNTRY PARK UPDATE

The park is fully open with the small animals and some lovely rescue rabbits for people to meet. The visitor centre at Ty Mawr is open daily and is in the building opposite the kiosk, it is open 10.30am to 4.30pm to the end of September then from October onwards at weekends only and the kiosk opens from 10.30am till 2.30pm and to 4pm at weekends and school holidays. The toilet block is open. We love that you enjoy coming to our beautiful park and ask that you please pick up after your dog and also pick up your litter, if our bins are full can you please take it back home with you, thank you from the all the park wildlife and the park volunteers. To find out what is happening at Ty Mawr call **01978 822780** or

email: countryparks@wrexham.gov.uk

LLANGOLLEN COMMUNITY CHRISTMAS LUNCH 2021

The lunch will take place on Saturday 25th December from 11.30am to 16.30pm and is free in the Community Hall, St. Collen's Church, We are delighted to announce the return of this highly popular event, providing the situation with the virus permits. We particularly welcome those who would otherwise spend Christmas Day alone, but, all are welcome. A full cooked lunch, with starter, main course with 'all the trimmings', along with dessert will be served and entertainment provided. If you have any questions please call Mike & Val on 01978 86 07 07 or email info@t-c-p.co.uk

EDITORS COMMENTS

Welcome to this edition of the newsletter. Its hello to autumn, misty mornings, the nights drawing in and thanks to *Cefn Mawr Scarecrows* a **Hallowe'en Scarecrow**

Competition see page 29 for information!

I am please to say that working with our printer we are now using *carbon balanced paper* for each edition and through the **World Land Trust** protect 129m² of critically threatened tropical forest, see the certificate on our Facebook page.

There are still a lot of concerns about the Newbridge Road closure, its impact on business, residents of Newbridge and Pentre, pressure on the Bont Bridge and when the bypass is closed the issues and delays the diverted traffic is causing in our community and I keep lobbying for something to be done.

I have had a number of residents with issues about bin collection, flooding and speeding in 20 mile zones and am working to get these resolved please let me know if you have a problem.

A big thank you to the increasing number of residents who are quietly making a difference in their area by litter picking as they take a walk or exercise their dogs, if you need any equipment please do get in touch with me. Now things are more relaxed its great to be able to get back to meeting friends at groups and clubs but we still need to follow the current safety guidelines.

Please do get in touch on **07532 780007** or email: tyger@tygertactics.com

Stay safe, Tyger.





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CEFN MAWR FLYING START NEWS



Cefn Mawr Flying Start based in The Activity Centre, Bro Gwilym, would like to thank Lee at Tesco Cefn Mawr Store for the very welcome donation of paint and decorating supplies to give the

setting a much needed revamp over the summer. We would also like to thank the ladies in the *Knit*

& Natter Knittina Club for the dolls lovely clothes. Krys and the **CRNCA** Centre **Trustees** for the furniture which has now been upcycled to be enjoyed by the children and everyone who helped and donated











to the group.

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LLANGOLLEN MUSEUM NEWS

We are open every *Tuesday, Saturday* and *Sunday* from 11am to 4pm. We are always looking for new volunteers who are able to give a regular half or a



day every week to help keep the Museum open. If you are interested in, or have knowledge of, the history of Llangollen and the surrounding area, or just want to learn a bit and meet people, then please do consider volunteering. The Museum has some excellent new displays showing the history of the social, economic and religious life of the town over the centuries. Glad to say that the Museum Gallery is now hosting a new art exhibition that started September 7th and runs to October 17th of six local Llangollen Artists. For more information or to volunteer please contact the manager Gill Smith on 07516 023524 or at gilliansmith2@hotmail.co.uk. Don't forget to visit our Facebook page for updates too.

LLANGOLLEN FOOD SHARE HUB

We are at Castle Street end of Market Street Car Park, off Market Street. If you have queries or trouble finding us please call **07835 261343** or Facebook us. We are open for food share from **2 - 3pm each Wednesday**.



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photos, Jewellery, Sewn Crafts, Cards, Ceramics, Books and Woodwork ideal as a present or Christmas gift, together with lots of local information! Do check our Facebook page for the latest on what is on in and around Llangollen, with places you can visit, where to stay, things to do and our seasonal events and activities are starting too. Call us on 01978 860828 or email: Ilangollentic@gonorthwales.org.uk

LLANGOLLEN FRINGE SEPTEMBER 9th TO 18th



Unless stated, all events will be in the Town Hall, doors open at 7pm, tickets are £12.50, a licensed bar will be provided. See our Facebook page for all event listings. All events e-ticketed only and must be pre-booked online at:

www.llangollenfringe.co.uk



LLANGOLLEN RAILWAY NEEDS

YOU! Are you interested in becoming a volunteer at Llangollen Railway? No, you don't need to know anything about trains! if you are interested in

becoming a member and volunteer contact graham.j.hoyland.t21@btinternet.com



I will be playing and warbling your favourite hymns as well as choruses from the music hall every Sunday at 6pm. If you're into all things heaven, mirth and music hall then join me, Fr Lee for a singalong. Let us therefore warble forth! Join me via our Facebook page From Mission Halls to Music Halls.



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CLWB RYGBI BRO GWERNANT RUGBY CLUB



(was Llangollen & Glyn Ceiriog Rugby Club) A warm and friendly club we welcome all new players and supporters. Based at Tower Field Llangollen for the seniors teams, our Junior & Mini section is

based in Glyn Ceiriog. The senior teams use the RAFA Club in Llangollen for their after match refreshments. We welcome players of all age and ability, training every Weds 7pm at Tower Field for seniors and every Sunday at 10am in Glyn Ceiriog (park pitch) for the minis and juniors.

THE BRO GWERNANT VALKYRIES are the ladies



team of Bro Gwernant Rugby Club. We're a friendly group of ladies with mixed rugby abilities. We are always happy to welcome new players who would like to give rugby a go - no experience necessary. All ages

welcome! We train on Wednesday's at 7pm every week. Get in touch for more details, see our Facebook page and message us, thanks.

RUN FREE FELL RUNNERS Our training runs are Mondays and Thursdays at 6.30pm from

the Llangollen Leisure Centre on Dinbren Road in Llangollen. In the first instance please email hello@runfreefellrunners.co.uk and come and join us for a few runs and get to know us. We cater for all abilities, all runs lead by experienced Fell Runners and we're also Welsh Athletics affiliated. Please check our Facebook page.



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TREVOR BASIN VISITOR CENTRE

Lesley Griffiths, Minister for Rural Affairs and North Wales and Trefnydd met with Allan Forrest, Regeneration Project Manager for Pontcysyllte Aqueduct and Canal World Heritage Site, Steve Bayley Chief Officer Housing and Economy, Cllr Rondo Roberts and David Morgan Canal and River Trust Development Manager for Wales and South West on a visit to the World Heritage Site they discussed the Trevor Basin Masterplan and what it can do to benefit the local economy and improve the site for Locals. Tourists and Businesses in the area.



Lesley Griffiths, Rondo Roberts, Allan Forrest, David Morgan and Peta Hearn photographed at Pontcysyllte Aqueduct. We are open 7 days a week 10-4 up until **November** when we go to 5 days a week Thursday-Monday 10-3pm. Last day of the season on 20th December.

Trevor Scouts are back with their wonderful Charity stall. Catch them at Trevor Basin near the Blue Badge holders Car Park - **12**th **September**. Don't miss out on their famous Bara Brith!

We have a **Lets Walk and talk** - Take a walk with author **Pete Evans** from Trevor Basin along the Llangollen canal and footpaths in the Vale of Llangollen on the **18**th of **September**.

You can now grab some refreshments from our new Fridge Freezer section in the Gift Shop.

The second and fourth Wednesday of the month is **Task Force Day** and this is a great opportunity to join a friendly, lively and active group of volunteers pop in and let us know if you want to join in.

KIDDIES WORLD ACREFAIR



Kiddies World Playgroup is held on Ysgol Acrefair school grounds. We are open Monday - Friday from 9:10am - 2:45pm during term time, we offer different sessional times depending on the parents

needs. Please contact us by phone: **01978 810242** email **kiddiesworld7@gmail.com** or Facebook.

We welcome your Community News, Information and Photos for inclusion in the next edition please email: tyger@tygertactics.com to advertise in the Community News please call Tyger on 07532 780007 or message us on our Community News Facebook page



A 1 Bws TICKET TO RIDE - ACROSS NORTH WALES!

A new ticketing system 1 Bws aimed at making bus travel easier across North Wales has been launched. An adult ticket costs £5.70, a child will pay £3.70 and holders of English and Scottish concessionary bus passes will also pay £3.70. A family ticket for just £12 is also available. Welsh concessionary pass holders just use their bus pass.

One ticket is **valid all day** on buses in Wrexham, Denbighshire, Flintshire, Gwynedd, Isle of Anglesey and Conwy and on buses from North Wales to Chester, Whitchurch and Machynlleth. There are buses covering most of the region and it is possible to explore the *North Wales Coast, Snowdonia,* the *Clwydian Range* and the *Dee Valley*.

1Bws is valid on all local bus services operating in North Wales with the exception of *Service 28 between Mold and Flint*. It is also not valid on *tourist services* operated by open top buses, on *National Express* coach services and *Park and Ride* services. Timetable information for all buses in North Wales is available online at http://bustimes.org or www.traveline.cymru or phone on **0800 464 00 00**.



FRON COMMUNITY WORK-IN

Help maintain our churchyard here at St David's on Saturday 25th September and 30st October from 10am to 12 noon. All are welcome to contribute in any way you feel able to, work on a family lot, help with the general upkeep or work on our Commemorative Garden. Please bring your own equipment. For more information please contact Keith Sinclair on **01691 773634** or **keithsinclair@gmail.com**



TOWERS DAY NURSERY

The children at the nursery have been very busy making the most of all the nice weather. They have been enjoying outdoor play, water play, sand play and

gardening. The garden is looking very good. All the flowers are out and the children have been gathering herbs, strawberries, runner beans and flowers. The sunflowers have grown very large.



The topic this term was Mini-beasts and the focus has been on art, craft, songs, drama and stories to do with nature and mini-beasts. The nursery garden has some mini beasts for the children to hunt. P C Kim has visited the nursery and has had a chat with all the children. She has had a chance to meet the children that are going to attend Acrefair School. Families eligible for the Free Childcare in Wales have been using their hours at the nursery and this has all run very smoothly. We are currently able to offer free child care for children during the term following their third birthday. Please get in touch if you would like more information.

Several new children have recently joined nursery and are settling in nicely. Our older children are leaving us, ready to go to school. We wish them well in the next stage of their education. To say goodbye to them, we held a fun day that was attended by Elsa, Spiderman and Mr Tee the ice cream van man. Good fun was had by everyone. Places are now being taken up rapidly but we still have a few left. Please ring **01978 822446** if you are interested.

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CANOLFAN IECHYD LLANGOLLEN HEALTH CENTRE FLU CLINIC UPDATE

We would like to invite all patients aged 65 and over to book in for their flu vaccine. We have clinics in September and October which will coincide with our vaccine delivery. Text messages and letters will be sent out this week and all clinics will be held at the Health Centre.

Please contact us on **01978 860625** to book your flu vaccine.

For those patients aged under 65 who are eligible for a NHS flu vaccine, details of your flu clinic will be posted in due course.

CEFN COMMUNITY COUNCIL UPDATE

The George Edwards Hall, the hall is now used by *Slimming World* on a Tuesday from 2.30pm-8.30pm, *DanceZone* on Mondays 5pm - 8.30pn and Thursdays 5.30pm - to 8.30pm

Line Dancing on a Wednesday from 7.30pm to 10pm, and Foodbank on Thursday from 10.30am to 12 noon. The Clerk can be contacted on **01978 821298** for any enquiries.

Cefn Community Council Bowling Green is open for public use from Monday to Friday between 12noon to 3pm.

The MUGA - Multi Use Games Area on Plas Kynaston Lane and all 12 of our Children's Play Parks are open, we ask that you please take your rubbish home with you if there is no available bin, thank you.

Half Term Playscheme our school holiday play scheme for Cefn and Acrefair will be running for the autumn half term break between October 25th and 29th on *Monday* and *Wednesday* at Plas Kynaston and *Friday* on Acrefair School field.

Street lights: We have completed the upgrade to our street lights with new energy efficient LED bulbs. If you notice any street lights out please can you report them with the number off the lamp post to the Clerk on **01978 821298** thank you.

Birthdays: If you know of members in our community community who are going to be celebrating their **90th** or **100th** birthdays please can you let the Clerk know on **01978 821298** thank you.

Wedding Anniversaries: If you know of members in our community who are going to be celebrating their *Diamond, 60 years or Platinum, 70 years*Anniversaries please can you let the Clerk know on 01978 821298

Trefynant Cemetery: is open however we respectfully ask when visiting the Cemetery to keep your distance as we know some visitors are still concerned. *Polite Notice* - Can all visitors to *Trefynant Cemetery* please only park on the Tarmac path not on grassed verge, unfortunately there has been some damage caused to the grassed verges, wooden pegs have been erected to prevent any further damage. Please use the one-way system, no turning around by the brick cabin. Thank you for your co-operation.

Defibrillators: Cefn Community Council are delighted to report a further three defibrillators have been installed in the community. Thank you to all involved at WCBC with your assistance and permission to site the units on their buildings. Special thanks are also relayed to Tomos Hughes at Welsh Ambulance Service for his assistance with the project. There are now six defibrillators in the community accessible 24 hours a day, due to kind donations one was funded by people of Cefn Community, the remaining five have been funded by Cefn Community Council. Locations are as follows: Ty Mawr Country Park, Cae Gwilym Lane, Hinds Shop on Bro Gwilym, The George Edwards Hall on Well Street by the front door, Llys Y Graig Sheltered Unit, Rock Road, Rhosymedre, the

Plas Madoc Estate Office, Peris, Acrefair and the **Eagles Inn**, Acrefair on the Llangollen Road side. See the map below.



Cefn Community Council's World War II, commemoration of the 75th Anniversary of the end of this War:

Due to the pandemic we have been prevented from completing a Booklet to not only honour the Servicemen (and a Nurse) who gave their lives for us, also to look those who returned and have collected stories from people who lived through that experience as children. We are also including people who died in the Armed Forces since that time. The War Memorial and Recreation Committee were able to meet for the second time this month and it was agreed to invite relatives of the 56 people who fell during WWII and the people who fell in conflicts since that time who are recorded on the Cenotaph in Cefn to lay a cross at this year's Remembrance Service on Sunday 7th November. Please contact the Community Council Offices by Friday 2nd October 2021 on 01978 821298 Cefn Community Council now have Facebook and Twitter accounts please follow us for the latest information relating to the community. Following a council meeting it has been decided to hold a **Christmas Window Competition** this year

Please remember the Community Agent is able to help and offer support to the over 50's and can be reached on 07925 048711 or email her on cefncommunityagent@gmail.com

for all the businesses in the community, more

details to follow on Facebook. Great prizes to be

ROWLANDS PHARMACY CEFN MAWR

Social distancing restrictions continue with 2 customers wearing Face Masks allowed at any one time. **Phone 01978 822600** *Open:* **Mon to Fri** 9am to 1pm and 2 to 5.30pm. **Sat** 9am to 1pm.

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CEFN MAWR

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We need your good quality items; furniture, clothes, household items, toys & books. Volunteers needed if you can spare some time to lend a helping hand please ask for information or visit www.nightingalehouse.co.uk

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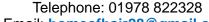
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Social distancing restrictions continue and Face Masks must be worn. Please ask about our free prescription delivery service.

Phone 01978 810272

Open: Mon to Fri 9am to 6pm. Closed Saturday. 52-53 Peris, Acrefair, Wrexham, LL14 3LF

URGENT MEDICAL OUT OF HOURS 111

Patients in North Wales can now call **111** for free access to urgent out-of-hours medical care and round-the-clock health support and guidance.

This easy-to-remember number is free to call from *landlines and mobiles* and provides access to both **GP Out of Hours Services** and health advice from **NHS Wales**.

SET UP A 'MY ACCOUNT' with Wrexham Council at:

https://myaccount.wrexham.gov.uk/en

Report it and track it online . . . in half the time!

LOCAL PEOPLE IN WREXHAM USING THEIR TALENTS TO HELP OTHERS

An innovative scheme has come to Wrexham to support local people to set up working for themselves offering highly personalised care and support to older and disabled people. The scheme provides free mentoring



to support caring people to set up as self-employed or to set up a small business or enterprise offering help at home or in the community. You don't need any care or business experience to benefit from the scheme, but you do need to know what good care looks like. Local people might offer help with washing and dressing, cleaning, cooking, sitting and chatting, DIY, gardening and more. Community Catalysts who run the project are a UK wide social enterprise specialising in helping local people to use their talents to help others. Your local Community Catalyst in Wrexham is Tom Hughes who would be very happy to answer any questions you have about the project and the support they provide. The project is funded by Wrexham County Borough Council so Tom's help and support is free to local people. To contact Tom to find out more: call: 07880 195 114 email: tom.hughes@communitycatalysts.co.uk Visit our Facebook page Community Catalyst Wrexham

CEFN MAWR AND DISTRICT MUSEUM



We are open Mondays, Wednesdays and Fridays from 10am to 12.30pm and welcome visitors from the community and beyond. Our guideline for visiting have been reduced but we still recommend using hand gel, and a mask if you prefer, otherwise visiting us now is quite back to normal. We hope to see familiar faces, and some new ones! Our photo show Simon Baynes MP with Alan Tiltman Museum Archivist, Cyril Thelwell Chair of Cefn Mawr Historical Society and Christine Jones Schools Officer, on his recent visit, and hope he will come again before too long. He kindly contributed two of his books as prizes for the next Historical Society raffle! The Historical **Society** is not rushing to restart as we appreciate members concerns, we really miss our monthly meetings and hope to see you all safely in the George Edwards Hall soon.

COMMUNITY AGENTS UPDATE

Hello community. I am pleased to announce that I am now back! I have had a busy but great couple of weeks. I have been gathering information around the current needs of the community and I would like to advise you of the 2 following classes that will be running from September:



Have you considered making a will? Does the thought scare you? Do you worry that making a will may tempt fate? Come and join us at the CRNCA where, over 2 weeks, we will look at any concerns or questions you may have, along with the myths surrounding making your will. At the end of the sessions you will have the opportunity to make your will free of charge, with full support and advice freely available.

Our next class will take an honest look at the menopause, from beginning to end with no holds barred. I am looking forward to hearing and sharing your stories and any advice you may have. The aim of this class is to remove any mystery or stigma around this topic, and offer support to each other. Please email cefncommunityagent@gmail.com

or text me on **07925 048711** to register your interest or request more information, or drop into the CRNCA Activity Centre on **Tuesday** or **Thursday** lunchtimes. Places are already filling fast so hurry to avoid disappointment.

CARITAS SURGERY



Flu vaccine time we will be holding our flu clinics during September. If you fall in the categories below, please call the surgery to book your appointment on 01978 720450. Aged 50 years and older (age on 31

March 2022). Aged six months to less than 50 years in clinical risk groups.

This year we are extending the offer to those aged 16 years on 31 August who are morbidly obese, in line with guidance on the Covid vaccination programme also pregnant women, carers and people with a learning disability. To reduce your waiting time when calling for your appointment, try calling in the afternoon when the phone lines aren't as busy. Or alternatively you can email the team at

enquiries.w00007@wales.nhs.uk

Please note, we do not know yet exactly when the Covid vaccine booster programme will take place at this stage but we will inform you once we do.



Call:101 to report non emergencies OUR LOCAL PCSOs

Lara.Shiers@nthwales.pnn.police.uk Jessica.Lloyd@nthwales.pnn.police.uk Rhys.Yaxley@nthwales.pnn.police.uk



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UPDATE ON THE FRON'S ENGAGEMENTS

Saturday, 27th **November,** hopefully at The William Aston Hall, Wrexham.

Sunday, 28th **November**, Royal Signals Celebrations at The Adelphi Hotel, Liverpool. **Saturday 18**th **December,** New Vic Theatre, Newcastleunder-Lyme. We are looking forward to singing again.



Garden services including
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Email: nigellaw101@gmail.com



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You can get in touch with us by:

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Tel:01978 821863

Or text us on 07887691755

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CRNCA NEWS Registered Charity Number 1122422 Tel: 07531 310335.

Bro Gwilym, Cefn Mawr LL14 3PA

Please note, all activities carried out

under current Covid guidelines.

The CRNCA small group of volunteers are still busy even in this further uncertainty with food distribution. We will continue to do so at our discretion, but please if anyone is struggling get in touch **07531 310335** or even put a note through the door at the centre



Gardening a little more work has been going on here. Anyone who would like to try a little gardening, planting, growing and make a community garden let's get going we have the ground and planters we just

need YOU to try your hand or give planting advice If you would like to be involved call **07531 310335** we could really do with some help. We have also altered the fencing at the back to allow more space for the play group children to have a gardening area and forest den.

Wednesday Lunch Club at 12.30pm, come along and have a good meal for £3, lunch, pudding, tea plus chat or games after to book call 07531 310335 or tell a volunteer member at the centre





Community Food Share 12pm Tuesdays after the Centre needs have been met we occasionally have spare food to give away, please do not be shy come and

see what we have or if it is something you have never cooked/tasted try it for free!

Photo Copying We are able to offer photo copying for black and white up to paper size A3 and possibly colour to size A4 for a donation

Men's Shed our Men's shed DIY activities take place in the back container area or in the grounds, anyone over 18 in need of some boredom breaking work and have ideas you would like to try out come along on a Thursday morning and see Mick or Kris. Or just come for a cuppa and a chat to get out of the house you will be welcome

Changing Seasons Over 50s Club

Tuesdays 12.30pm come and join in the fun, crafting, bingo, games or just chatting over tea and cake you are all welcome £1 subs apply this is a good group to catch up with friends exchange books and ideas. The Old Canteen Activity Centre is looking forward to welcoming the groups returning this September including Flying Start, the Cefn Mawr Christian Fellowship & Café Church and Knit & Natter knitting and crochet group.

The Centre is available for private room hires so please contact **Suzanne** on **07591 995141** or **Kris** on **07531 310335**.

We are a *Caru Cymru Litter Picking Hub*.

New initiatives to be arranged including eco activities

We are continuing to support the playgroup and
under 5s groups and assisting the community where

we are able. If any one has ideas for the Community do contact us.

Please note: We are keeping our volunteer bubble small to avoid illnesses please help by wearing masks/shields (we have a few left if you need one) sanitizing hands and leaving name and number for track and trace. Thank you from the CRNCA Trustees and Volunteers.

LOCAL LITTER PICKERS INFORMATION

Are you one of the lovely people litter picking around our area? You are making such a difference, thank you. Do you know the best way to report it? Please reported your litter pick with the location and number of bags to *Pride in our Streets* on **01978**



298989 Monday to Friday. Weekend picking must be reported with the same details & pictures if possible emailed to **wrexhamlitter@wrexham.gov.uk**.

REPORTING STREET LIGHTS

Street Lighting for Cefn Community Council area These lamp posts will usually have a number on them and should be reported to the Clerk who can be contacted on **01978 821298** or by email:

cefnmawrparish@btconnect.com

WCBC Street Lighting

Typically these are the lights on main roads, please use the facility online at:

https://www.wrexham.gov.uk/service/street-light-reporting

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CHURCH NOTICES

CEFN MAWR CHRISTIAN FELLOWSHIP



We have just returned from a lovely weekend away celebrating the second marriage of our nephew, who lost his first wife from cancer a few years ago. They were very sad and difficult times for him and his three children, but he has met

this lovely new lady, now his wife, who in similar circumstances was left on her own with five children! And this is a new beginning for them all. It's hard to put into words how much joy and love we saw shared among them all, they knew this was a new beginning, bringing happiness and security back into their joint lives together. There is going to have to be a lot of changes for both families planning ahead, not really knowing how the future will unfold for them all, but their love for each other has given them the confidence to make those changes - and they are entering that commitment all-together with such great excitement! So much has changed in these past few weeks as the world is slowly opening up again from 'lockdown', giving us all the opportunity to go about our daily tasks reasonably freely. We're able to socialise with more people, travel, go on holidays, party, have group weddings etc. - but we've all been through difficult times too, in different ways, over these past months and I guess we all want to 'get back to normal'? Or do we? Might we feel that we want a new start, a new beginning, a more exciting, happier lifestyle than before 'covid'?

In the bible we are told that Jesus is the groom, and He invites us to become His bride! That might all sound a little strange if you are not used to reading the bible, but it speaks of how much He wants to love us, take care of us, provide for us and to give us great joy and a secure future - Who of us wouldn't want to have that depth of love and security? And don't we all need to love and be loved!? At Cefn Mawr Christian Fellowship we are a group of folk from different, or no church backgrounds, who all enjoy meeting together in a very relaxed way, bringing along friends or making new ones. We are really excited to say that we are now able to meet together again, and we would love you to come along and join us. Our first Social Evening, for food, fun and friendship, will be on Thursday September 16th in the CRNCA (Cefn Old School Canteen) at 7pm, and will be our 'Pudding Night'. There is no cost to you, but we will need to know names and numbers for catering - for us to comply with all the current legal requirements. Thursday October 14th we're planning to host our *Harvest Social* meal, and this will be held at the same place and time again we will need to know names and numbers for catering etc. Our first re-launch of CaféChurch will be held on Sunday October 3rd (also in the CRNCA) at 10.30am where in a very relaxed way we would talk about things in the bible, our beliefs and our doubts – giving opportunity to everyone in sharing our different questions and experiences. We are, of course, dependent upon the governments ruling within the Covid restrictions, but if you would like to know more about any of the above or intend to join us for our meetings, then please call us on 01978 824785 or leave your name and telephone number and we will get back to you. Every blessing Colin and Rowena.



ST JOHN'S RHOSYMEDRE

Our weekly service is 11am on Sunday. All are welcome, but please wear a mask (unless exempt) and observe social distancing. We hope to restart church and community activities that we

had to stop during lockdown, but we cannot give dates yet. Please check the church websites for details. To book weddings or baptism please call **07759 031348** or email: trishowens@churchinwales.org.uk

RHOSYMEDRE METHODIST CHAPEL

The Chapel is now open for worship every **Sunday** at **11am** All are welcome. For more information please call **01978 860877.**

ST. MARY'S CHURCH RUABON

We will continue our Sunday Holy Communion service at 9.30am and Mass at 11am, please follow the guidelines.

CATHOLIC CHURCHS

Llangollen, Chirk and Ruabon churches are open for Mass, Llangollen Saturday at 6pm, Chirk Sunday at 9am and Ruabon Sunday at 11am. For other devotions including weddings, births, confessions and funerals please contact: Fr John Bosco Bukomba by email at: PriestRuabon@rcdwxm.org.uk

LLANGOLLEN GROUP OF ANGLICAN CHURCHES



Weekly Mass and Communion on Sundays 11am at St Collen's, please wear a mask and observe social distancing and sanitizing. Let's stay safe as possible, we also live stream on Facebook for those not able to attend in person.

Sunday 19th September:

Bishop Gregory will be with us to conduct a baptism and confirmation service within the Mass. If you, or someone you know, would like to be confirmed, please speak to Fr Lee asap.

Sunday 3rd October Harvest Festival Mass at St Collen's at 11am

Pet Blessing Service at St Collen's on **Sunday 3rd** October at 2pm

Matt's Community Breakfast: Every Saturday at St Collen's Community Hall. Free breakfast (donations welcome). 9-11am.

Sunday Lunch at St Collen's Community Hall. £12 for three courses. 10th October at 12noon. To book, email: stcollens@gmail.com or call 01978 861768

From Mission Halls to Music Halls: An evening of pure nostalgia. A livestream singalong of old Sunday School hymns and songs from the music hall. 6pm every Sunday:

https://www.facebook.com/warblingforth

Remembrance Day at St Collen's: Sunday 7th November. 9.30am mass followed by a service at the war memorial.

We also invite you to join our weekly **From Mission Halls to Music Halls** sessions on Sundays at 6pm,
thank you. For more information please visit out website
http://www.stcollenschurch.org.uk/

LLANGOLLEN FOOD SHARE HUB



At the Castle Street end of Market Street Car Park, off Market Street. If you have queries or trouble finding us please call 07835 261343 or Facebook

us. Open for food share **2 - 3pm each Wednesday**. Open for donations on **1**st **and 3**rd **Tuesday** of every month from 10 - 11am. Crisis / Emergency support: if you are in crisis or need some emergency support we can help out of hours please get in touch. If you want to talk in confidence about how we can help, message us on Facebook or text us on 07835 **261343**. If you know of anyone struggling, please pass on our details for them to contact us. We can deliver to those unable to collect. We also share supermarket surplus with the our community to stop food waste, do check our Facebook page for details as we usually post details of our Community Food Share when there is more than we need, help us save food from going to landfill. Just bring a bag and help yourself from the table outside. Food share is for everyone.

WREXHAM FOODBANK CEFN



Wrexham Foodbank provides foodbank three-day emergency food parcels, toiletries, pet food, household cleaning products, nappies and fuel

vouchers to local people who are struggling to buy food due to reasons such as waiting for benefit payments or wages, debt, fleeing domestic violence, ill health or being on a low income.

The Cefn distribution centre in the George Edwards Hall on Well Street is open Thursdays from 10.30am to 12 noon. Referrals can be made by most organisations and Council Departments such as Housing Officers, Social Workers, Health Visitors, Schools, Citizen's Advice Bureau, Family Information Service and Work Coaches. Alternatively phone the national CAB helpline on 0808 208 2138 - Freephone. The Foodbank is well stocked and eager to help, please don't struggle alone. For information visit www.wrexham.foodbank.org.uk You can follow the Foodbank on Facebook and Twitter.



ST MARTINS FOODBANK

We are no longer open as a drop in service. However we are able to offer delivery to anyone who is need of a package. They just need to message

our Facebook page to ask and we will get a package to them. If you know friends, family or neighbours are struggling please encourage them to get in touch with us. We are here for the residents of St Martins and for all families who have children at St Martins School regardless of where you live. Thank you.

VETERANS GATEWAY

We want veterans and their families to get the support they need, easily, wherever they are, or wherever they need it. Veterans' Gateway is the first point of contact to make that happen. When you need to be referred to the right help quickly, Call 0808 802 1212 or text 81212 visit our website https://bit.ly/38UiaL2 we are open 24/7, or find us on Facebook

TEXT 66777 FOR EMPLOYMENT HELP WITH COMMUNITIES FOR WORK PLUS



We are pleased to announce that the DAXS digital ad exchange and Text Back Service goes live. Put simply, an advert for Communities for Work Plus will be played

to those listening to Audio via an internet connection (Spotify, Alexa etc.) There is the option for people to text **CFW** to **66777** if they require help and they will then receive a message which will direct them to an URL where they can sign up to Communities for Work Plus using our online self-referral form. One of our Triage Officers will then get in touch regarding the help that is needed.

This is just another way to receive help from **Communities for Work Plus.**

Over the last year the team have had to completely change the delivery model of our programme, from face-to-face working to online and telephone support. We have helped over 130 people into work which is life changing for many. This will change to a blended approach in the coming months; however, lessons have been learnt in different methods to support our clients back into work.

Please either text 66777

Email cfw@wrexham.gov.uk,

or call 07976 200413 / 07976 200414 to sign up to the Communities For Work Plus Programme



We broadcast as Wrexham Premier Radio can be found on line www.premierradio.co.uk www.playdi.tv all major radio apps via smart TV. Radio line, MyTuner or via Alexa by saying "Alexa Enable Wrexham Premier Radio" "Alexa Play Wrexham Premier Radio"

From humble beginnings the station has gained a loyal and diverse listener base. It has developed new live shows hosted by local people and is continuing to do so. Even better, we now have a brand-new studio based in the heart of Wrexham at Heart Rock Live, Eagles Meadow, Wrexham.

PLAS MADOC NEWS & UPDATES THE LAND



Plas Madoc Kettle Club is run by the AVOW Play Team (**The Land**) it's an informal, friendly group where parents, grandparents and carers can meet up and have a chat over a brew. People

can also access support, advice and opportunities to attend free training. The group is free to attend and everyone is welcome. In addition the **Play Team** have dedicated parent support which can be accessed Monday to Friday. Please check our Facebook page for weekly details of times and where we are meeting. If you would like more information please contact claire.pugh@avow.org or find us on Facebook @ WE ARE PLAS MADOC

If you need help with anything you can get in touch with us on our Facebook page We Are Plas Madoc or you can call or text 07394 465113. Please feel free to share this number with any friends and neighbours that may need support. We Are Plas Madoc have a website so if you'd like to learn more about the group head over to www.weareplasmadoc.co.uk

MUNCH AND BRUNCH

Munch & Brunch runs every **Wednesday 10am-12 noon** on the Plas Leisure centre field. Come along have a brew and meet new people.

FRUIT & VEG PACKS

Fruit, Veg & salad bags available at a total cost of £5 collection Wednesday 10am-12pm on the Plas Madoc Leisure Centre field. Please inbox the We Are Plas Madoc Facebook page to order or call 07394 465113.

YOUTH CLUB

Youth Club on Wednesdays 6pm-7.30pm in the big hall Plas Madoc Leisure Centre followed by Youth Football 8pm-9pm on the Leisure centre field MUGA with Wrexham Inclusion Football Club.

ZUMBA SESSIONS started on Wednesday 1st September at 5.15pm-6pm at Plas Madoc Leisure Centre. We have free



Zumba sessions funded by *Community Foundation Wales*. Booking is essential as we have limited numbers please message us on our Facebook page to book on or call **07394 465113**

BINGO

Look out for our *Monthly Bingo* on our Facebook page **We Are Plas Madoc.**

PLAS MADOC LEISURE CENTRE COMMUNITY SUPPORT HUB

Don't forget to check out the community support information at the Leisure Centre Hub, They also have a large stock of **FREE** lateral flow test kits available at reception just pop in and ask.

LITTLE SUNFLOWERS



Open to Flying start Families and Rising 4's. Please contact **Sharon** on **01978 813914** for information on all services available, or message Little Sunflowers Avow Facebook page thank you.

PLAS MADOC POST OFFICE & TOP SHOP Mondays to Saturdays 8.30am to 7pm.and Sundays 9am to 7pm. Please help us by following the Guidelines when shopping or waiting to come in, thank you. Tel: 01978 820729

DRAGON DINNERS 07904 045216.



Delivering Delicious Hot Dinners five days a week to Rhos, Penycae, Ponciau, Cefn, Acrefair, Trevor and Llangollen. Specifically for over 55's

and anyone with Health /Social Care needs. Meals are £5.95 including pudding and free delivery!

Order online @ www.dragondinners.co.uk
Or email: Dragondinners@gmail.com

WCBC BENEFITS ADVICE

Our Welfare Rights Unit provides telephone advice to Wrexham residents on all matters relating to Social Security entitlements including advice on Universal Credit, Jobseekers Allowance, disability benefits and so on. Please call **01978 298225** between **9.30am and 12pm, Monday to Friday**.

CAB SESSIONS CAB Drop-in Service at Plas Madoc Leisure Centre Monday, Tuesday, Thursday & Friday from 9.30am-12 noon each day, this is for the Acrefair/Plas Madoc area only at this time. No need to book, just turn up for help and support.

We are looking at our options for returning to **Cefn Mawr Library** within the next few months

ADVICELINK CYMRU

Has the pandemic affected your financial situation? There's no shame in claiming the benefits you're entitled to. *Advicelink Cymru* are here to help you navigate your way through the benefits system and can help you check and claim what's yours.

Call **0808 250 5700** or visit

gov.wales/claimwhatsyours Relay UK — if you can't hear or speak on the phone, you can type what you want to say to: **18001 then 0800 144 8884**

CANOLFAN IECHYD LLANGOLLEN HEALTH CENTRE

Following on from our patient engagement exercise on the proposed closure of *Plas Madoc Surgery*, we have developed a Frequently Asked Questions document covering the main areas of concern identified.

We also have this link on our Facebook page https://www.llangollenhealth.com/images/downloads/PMFAQ.pdf

To contact the practice you can phone us on **01978 860625** or send in a query via this link on our Facebook page:

https://florey.accurx.com/p/W91010



<u>HELP SAVE THE PLANET WITH 40P OFF EVERY PINT OF BEER</u>

Help us really save the Environment and get 40p of a pint of beer for doing so! To good to be true, not so. Please sign our petition to have the duty removed from Keg Beer. This will have a profound and far-reaching effect that will help save the planet.

Reducing the cost of beer in your local pub will encourage people to come back to the pubs. Where beer glasses are simply washed and refilled from kegs which are refiled by the breweries, with no waste. This is a perfect circular economy and is something our governments aspire to. So, if they really want a Circular

Economy, this will help achieve such and your signature will help them make that decision. We at the Holly Bush Inn, Cefn Mawr would like to thank you for your support.

Supporting Facts:

- 1. Recycling (at best) hundreds of thousands of beer cans and bottles adds hundreds of thousands of tones of CO2 to the atmosphere every year.
- 2. The off sales of alcohol from supermarkets and retail chains is responsible for 95% of underage drinking in the UK.
- 3. The off sales of alcohol from supermarkets and retail chains is responsible for 95% of drink driving in the UK.
- 4. The off sales of alcohol from supermarkets and retail chains is responsible for 95% of the alcohol related litter along our road sides.
- 5. Please just try counting the beer cans!
- 6. The off sales of alcohol from supermarkets and retail chains is responsible for 95% of the alcohol related litter in our parks, gardens and countryside.
- 7. During lockdown whilst all pubs were shut, alcohol related problems and related medical conditions increased, fuelled from the same sources.
- 8. Making Keg Beer Duty Free will encourage a renaissance of our pubs and help curb the above negative aspects in our society.

https://www.change.org/Duty-Free-Keg-Beer

Regards, David Metcalfe, Cefn Community Councillor & Dee Valley AONB Champion.

www.pkcgroup.wales

Holly Bush Inn, Cefn Square, Cefn Mawr, Pontcysyllte World Heritage Site, Wrexham, LL14 3AE, Tel 01978 449 814



CYBER SCAM AWARE

If you have received an email which you're not quite sure about, don't use the links or contact details in the email, please forward it to the **Suspicious Email Reporting Service** (SERS) using

report@phishing.gov.uk.
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CHANGES TO POST OFFICE ACCOUNT CARDS

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From **November 2021**, the DWP and HM Revenue and Customs (HMRC), will stop making payments into Post Office Card Accounts and you will need to find an alternative account for your payments to be made into.

DWP are writing to state pensioners, Universal Credit claimants and all those who receive payments into Post Office Card accounts, but please make new arrangements as soon as possible, to avoid any delays in payments to your account.



Have you ever given blood before?

The Welsh Blood Service is calling on more Wrexham residents to start saving lives! The next blood donation clinic in your area is St Margaret's Church, Wrexham, September 16th

Visit https://wbs.wales/CommunityNewsCefnDee to book a lifesaving donation

Some protections are still in place in Wales.

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CEFN LIBRARY UPDATE

From Monday 6th September 2021 all of Wrexham Public Libraries were opened for all and we have return to our normal opening hours. Libraries will be open for browsing, in addition to the return of books and the order



and collect service. We will no longer be quarantining returned stock, so you should notice both an increase in the amount of stock immediately available, and that your library account is updated on the same day.

Photocopying and The Leader newspaper will also be available.

Computer Access - Due to the need to upgrade the Public Computers this service is currently not

Groups - From Monday 13th September **Every Monday 2 - 4pm Crochet & Knitting** Fancy making new likeminded friends? Or Meeting up with 'old' friends? Bring along what you are working on, no experience needed as long as you can natter! Refreshments provided but please bring your own cup from home

Every Wednesday 2 - 4pm Knitting & Crochet Fancy making new likeminded friends? Or Meeting up with 'old' friends? Bring along what you are working on, no experience needed as long as you can natter! Refreshments provided but please bring your own cup from home

Every Friday 2 - 4pm Crafters – Do you enjoy Sewing, Knitting, Embroidery, Crochet or something else? Bring along whatever you are working on, or iust drop in for a chat and a cuppa with other crafty people. Refreshments provided but please bring your own cup from home

Citizens Advice – We don't currently have a date when Citizens Advice will return but are hoping this will be in the near future.

To join the library you just need to bring a proof of address like a utility or council tax bill.

If you need more information please call us on 01978 820938 or email

cefnmawr.library@wrexham.gov.uk

Open Mon 1 to 5pm, closed Tues, Wed & Thurs 1 to 5pm, Fri 9am to 5pm.

1251 BERWYN SQN - RUABON AIR CADETS



1251 Berwyn) Squadron is the Air ROYAL Cadets of Ruabon, Wrexham and is AIR FORCE open to young people aged 12 (Year 8) -18 to join; with those aged 20+ welcome to join as adult volunteers. Our aims are to: Promote and

encourage a practical interest in aviation and the Royal Air Force among young people Provide training which will be useful in the Services and civilian life. For more information please email: 1251@aircadets.org or visit our Facebook page Sgn HQ, The Green, Ruabon, Wrexham, LL14 6DP





NORTH WALES ADOPTION **SERVICE**



Gwasanaeth Mabwysiadu Gogledd Cymru | Service

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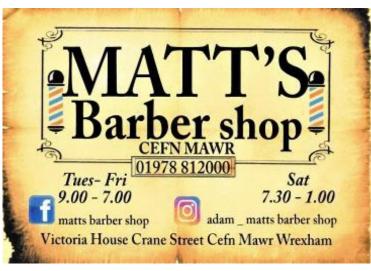


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MANWEB / Scottish Power 0845 2722424

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ACAS 0300 123 1100 Age UK: 0800 169 6565

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Childline: 0800 1111

Citizens Advice 0300 330 1178

Citizens Advice Bureau, 01824 703483

Social and Welfare Service

Citizens Advice Bureau, 0844 826 9690

Legal Service

Community Fire Safety 01745 352693

Consumer Direct Wales 08454 04 05 06

Crane Medical Centre 01978 810844

Crime Stoppers 0800 555 111

Dementia Help Line Wales 0808 808 2235

District Nurses Plas Madoc 01978 812163

DAN 24/7 Drug & Alcohol Help Line 0808 808 2234

or text 'DAN' to 81066

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Floodline 0845 9881188

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Universal Credit 0800 328 5644

Wales Domestic Abuse Helpline 0808 8010800

Working Families 0300 012 0312

Wrexham Care & Repair 01978 268120

Wrexham Dog Warden 01978 298989

Dog Warden Out of Hours 01978 292055.

Acorn Kennels 01948 662931

Wrexham Communities for Work

07976 200414 or 07976 200413

Wrexham Maelor Hospital 01978 291100

USEFUL WCBC NUMBERS

OUT OF HOURS EMERGENCY NUMBERS WCBC Out of Hours 01978 298989

Emergency Council Housing Repairs

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Social Services 0345 053 3116

Emergency duty team

Highways 01978 292055

Telecare 01978 292055

Adult Social Care 01978 292066

Social care services for adults & older people

Children's Social Care 01978 292039

Social care services for children & families

Business 01978 298990

Business rates & licensing

Education 01978 298991

School admissions, term dates, free school

meals, school transport

Finance 01978 298992

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Housing 01978 298993

Housing repairs

Planning & Building Control 01978 298994

Planning permission, advice & guidance

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Waste collection, street cleanliness, street liahtina

Transport 01978 298996

Blue Badges, bus passes

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More services 01978 298997

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ARRIVA BUS SERVICES

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For the Oswestry/Wrexham and Wrexham/ Cefn Service please go to:

https://www.arrivabus.co.uk/coronavirus/ important-service-information---midlands/ Face coverings must be worn by all customers on board our buses and for the duration of your journey.







RUABON COMMUNITY AGENT

Supported by the Ruabon Community Council, the Community Agent works with over 50's in Ruabon providing easy access to a wide range of information to help people make informed choices about their present and future needs offering Help, Support. Signposting, Advice, Guidance, Assistance Are you or someone you know looking for free confidential, information and advice on local services? Not sure who to turn to and you live in Ruabon or if you want to chat about your concerns or an issue? The service is free, contact the Ruabon Community Agent Paul Tincello tel: 07947 530140 or email: communityagentruabon@gmail.com

THE RENEWAL OF THE RUABON HERITAGE TRAIL This was recently walked by Ken Skates MS, and will be relaunched on September 25th there are details on QR Codes which are featured on each plague covering the following sites: Ruabon Station; Bridge End Inn; St Mary's Church Hall; Plas Newydd (Pont Adam); Offa's Dyke (Tatham Road) and Gardden Hill Fort. The trail starts at Ruabon Station and gives 2000 years of history!

CITIZENS ADVICE WREXHAM

Citizens Advice Wrexham are still open and **providing a service.** There are several ways people can continue to get advice during this time.

- J General advice line **01978 364639** leave a message with a brief description of the issue, your name and telephone number and you will receive a call back.
- J National Citizens Advice Help Line 0345 44 70 70
- J A further Wrexham Helpline number is 0300 330 1178
- Chat online to an advisor through our Facebook page www.facebook.com/ face book.com/WrexhamCA and send a private message
- Anyone seeking help with Universal Credit should call 01978 364639

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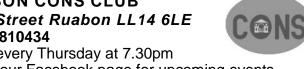
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Masks must be worn. Open: Monday to Friday 10am to 12pm then 2pm to 6pm Saturday 10am to 1pm Tel: 01978 821802

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photos that includes the ones we could not fit in to this edition of the newsletter.

ADOPTION SUPPORT FROM NORTH WALES ADOPTION SERVICE



If you live in Wrexham and adopt with Gwasanaeth Mabwysiadu Gogledd Cymru - North Wales **Adoption Service** you'll be invited to join support groups to get tips and guidance on topics such as:

- Preparing to adopt.
- Surviving the holidays.
- Strategies to manage behaviour Adolescents. Find out more by sending an email to:

adopt@wrexham.gov.uk



PLAS MADOC LEISURE CENTRE Acrefair LL14 3HL



New timetable for pool and fitness classes, squash courts open and the sports hall is available for badminton. Café open Thurs, Fri, Sat and Sun from 11.00am to 2.30pm. For

bookings call 01978 821600 e: info@plas-madoc.com Visit check our Facebook page for updates.



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YSGOL CEFN MAWR NEWS Ysgol Cefn Mawr Y6 Leavers and Beach Party

We ended the term with a celebratory farewell event for our Y6 Leavers. The pupils have been an absolute credit to

the school this year and have worked hard and shown resilience in challenging times. We held a Beach themed disco party with beach volleyball and a limbo competition. The children and staff had a great time. We wish them all the best of luck in their new schools in September. We shall miss them!









Staff Retirement

We bid a fond farewell to Mrs Alison Mates Jones and Mrs Belinda Lancaster Moore who retired from school at the end of the term. Mrs Jones had been teaching at the school part time for 28 years as our Nursery teacher and teaching PPA. Mrs Belinda Lancaster Moore had been working initially as a volunteer and then as a teaching assistant for 16 years, also working in After School Club. We presented gifts and cards during a socially distanced afternoon tea held after school. We would like to extend our heartfelt thanks to them both for their hard work, dedication, and commitment to Ysgol Cefn Mawr and the local community. We wish them both a long, happy, and healthy retirement.



Tel 01978 821345 Email cefn.mawr.club@outlook.com

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YSGOL MIN Y DDOL NEWS



What a fantastic end to the school year at Ysgol Min y Ddol. Having the time to reflect over the summer holidays, it's easy to forget all we achieved. We bid farewell

to our year 6 pupils who are moving on to Ysgol Dinas Bran and Ysgol Morgan Llwyd in September. The secondary schools are very fortunate to have such wonderful pupils. As a treat for them and indeed all our pupils, we arranged a special sporting activity

at the end of term where they all practised their aiming skills to score points in the big inflatable goal. Thanks to Active Wrexham for the loan, much fun was had by all! To thank our pupils for all





their efforts over the last year, we organised a special whole school trip to Greenwood Park. Ysgol Min y Ddôl had exclusive use of the park for the whole day

and the children had a blast on the rollercoasters, water slides, archery, toboggan and boat ride to name but a few.

As a school, we are always happy to promote our local community and jumped at the recent chance of entering the British Ironworks Mosaic Competition. The children wanted to showcase their beautiful surroundings and decided to create a mosaic of the aqueduct. To accompany the art work, we had a Welsh poet visit to work with the older children in



creating a poem of their locality. Both pieces are displayed at the front of the school building for all to see and to celebrate the children's efforts. Well done all!

This year, the whole school embraced International Mud Day. We had trails, baths, art, baking and small world play...all involving mud. The parents didn't recognise the children at home time but their smiles and laughs were enough to know that the day

The school's PTA 'Ffrindiau' have

was a success.



also had a successful end of term where they successfully raised £530 in a school raffle. A big thank you to all the local businesses who contributed wonderful prizes – you have all been mentioned in the draw and on our school's Facebook page. We, as a school, very much appreciate your generosity and continued support.

We are very much looking forward in Ysgol Min y Ddôl to welcoming all our pupils and parents alike back in September. Throughout the summer we have had building work on site; re-modelling and updating our growing school. The children will be welcomed back to a school which reflects their growing needs. We cannot wait to see you all. We hope you all had a great summer holiday.

LOVE YOUR MARKETS current opening times for Wrexham Town Centre Markets are:

The Butchers Market is open 9am-4pm, Monday to Saturday & 9am-1.30pm on Wednesdays.

The General Market is open 9am-4pm Monday to Saturday & closed on Wednesdays.

Wrexham's Weekly Outdoor Market is held every Monday throughout the year on Queens Square from 9am-2pm.

Ty Pawb's Market and Food Court is open from 10am-4pm, Monday to Saturday. Selected food court traders will be open daily until 6pm for take away. Please use the hand sanitisers available in shops and markets and wear a face mask unless you are exempt.





How much fun will this be for the children & adults to go around and spot as many as they can this Halloween?

A few details for Cefn Mawr & District Halloween Scarecrow Competition

- Start date is 1st October and will be drawn close to Halloween (Date and Judge tbc).
- You can decorate as much or as little as you'd like, but it would need to include a scarecrow of sorts.
- Its all for fun so it's free to enter.
- We'll try and source a hamper for first prize. If any local businesses would like to donate, please contact our Facebook page and message us (thank you).
- Enter by sending us a photo and your address privately please by messaging the page and we will allocate you a number.
- Most of all, lets have some fun, its been a really challenging 18 months for us all.

Please visit **Cefn Mawr Scarecrows** Facebook page for updates, thank you.



CEFN ALBION WELCOMES SPONSORSHIP DEAL
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YSGOL RHIWABON NEWS



The FAW Grassroots Football Awards have recognised the success of former pupil **Seren Williams**. Seren has been awarded "*Rising Star 2021*" for North East Wales. Seren was recently

back at Ysgol Rhiwabon to observe Sports Teaching at the school as part of her ongoing activities. All at the school send our best wishes to Seren.

Ysgol Rhiwabon Governors and staff congratulate Key Stage 4 students on an excellent set of results this year. The Class of 2021 have studied through a challenging phase of history, in the shadow of a pandemic. Despite this, Year 11 students have shone, rising to the challenge of completing academic studies in the strangest of times. There have been some amazing individual achievements and a collective success, the school and local community can be proud of.

Mrs Ferron-Evans commented: "As Headteacher, I could not have asked for a better Year group. The students have worked with staff in such a positive, enthusiastic way reminding us of the true value of the Ysgol Rhiwabon motto, "Nothing without Labour". Centre Determined Grades replaced the usual external examination model. This has proved to be an apt name: students have been determined to succeed and all staff have worked tirelessly to secure that success. I would like to pay a particular tribute to all school staff and to our families who have worked in partnership to ensure that we have so much to celebrate this year. As our Year group prepares for the next stage of education or the world of work, all the staff and Governors of Ysgol Rhiwabon wish every student continued success and happiness. We hope they find time to visit us in the future so we can continue to celebrate their achievements."



Active Wrexham, under Liam Jones, have been using the tremendous sports centre for trampolining. This has been very well attended all summer by local children.

Summer Maintenance Programme Update The full repair and repaint of the Science and Technology Block looks good for our return this September. Our own site maintenance, Nyall Moneypenny, is working hard to ensure the whole school is fully prepared for our many new pupils and staff.

Lucy Jones Athletics Achievement

Lucy has competed in the Welsh Athletics Championships at the International Sports Stadium Cardiff.
Lucy won a silver medal in the long jump, with a huge personal best jump of 4.73m, in the Under 15's age group. Ysgol Rhiwabon are very proud of her achievements in the Wales long jump for the under 15s!



SUPPORT FOR YOUNG PEOPLE

Info Shop 01978 295600 information/support/advice Outside in Counselling Team 07800 689039 or outside_in@wrexham.gov.uk

Young Minds text YM to 85258 for urgent help Shout text Shout to 85258 here for you 24/7 Childline online, on the phone 0800 1111 anytime Samaritans 24/7 113123 - free or email jo@samaritans.org

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Barnardo's Housing 01978 317092 or 07736 847640

Education Welfare Service 01978 295570/1 WCD Young Carers 07932 225338 or 07984 464886



DISCLAIMER

Whilst **The Community News** makes every attempt to ensure the accuracy and reliability of the information contained in these pages. **The Community News** does not take responsibility for advertisements and articles which are the sole responsibility of the contributors.

SERINITY HOPES FOR A BETTER FUTURE

This young lady was in so much pain from her club foot she wanted to cut her lea off. Her parents then had to face the reality that Serenity would need to have part of her leg removed to lead a fulfilling life. Following a meeting with Consultants in Oswestry and Wrexham, it was decided to amputate her left leg this autumn. Člub foot happens when the



Achilles tendon in the foot is too short, and can be painful as children grow. It affects around one in a thousand babies in the UK and nearly all children are treated successfully after a minor operation. Despite years of exercises, special shoes and lots of operations, in July Serenity and her family came to the realisation that they'd run out of options. She was in plaster every week until she was three to try and get her feet stretched out. She had lots of operations too, but it just kept coming back worse than before. She's so unlucky with it. She's popular at school and has lots of friends, but she often sits and watches them playing and she can't be involved. It really gets her down. She wanted to be a dancer but every school we asked said they couldn't have her because of the condition. She walks almost permanently in orthotics, custom-made shoes to make her more comfortable but her left foot was so twisted that she couldn't even walk properly wearing them. She has to be extremely careful at school having had two knee dislocations in eight weeks due to the way she walks. She decided the amputation needed to happen, she just wants to get back to being a child again. After she began saying she wanted to cut her own leg off we spoke to the consultant, who agreed to the amputation. This will require a gruelling recovery period, with months of physiotherapy, she will needs a lot of exercise to be able to walk again. We're nervous having never gone through anything like this before with all the added things needed when she comes home . What adaptations will we need? Her wheelchair wouldn't fit into the kitchen, we will need to make quite a lot of changes, and might even need to move house and we've only lived here for four years and we like Rhosymedre. Moving to secondary school she is a bit scared that she might get bullied, which she's had problems with before, people often stare at her because of her orthotics which is upsetting. She would rather they just asked what's wrong. Parents Dawn and William Harwood said they'd been blown away by her maturity. "She's brilliant. We are amazed that she is going through all of this and always tries to have a smile on her face. She has researched all about amputees and she follows someone on TikTok who is an amputee," said Dawn. Plans for Serenity to have a prosthetic leg mean she hopes she'll be able to run with her mates in no time, but she has much bigger plans than that. We wish her Good Luck and every success in the future.



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PKC GROUP UPDATE JUNE 2021



Dear All, it was and still is our intention to reopen the Old Bookies at the Holly Bush Inn in the middle of Cefn Mawr. We have been in touch with both the Gambling Commission and WCBC, but this requires significant outlay. Since we have had to buy the Ebenezer at auction, to save it for our community, this has consumed all our finance.

Therefore, we have had to put reopening the Old Bookies on hold. Over the next few months, I will be working on the pub and in the shop to get it ready for when we can open and if you would like to have a chat, please call round, we would be happy to see you.

We realise that this may come as a disappointment, but we are doing all we can and assure you that we will be following up on this. That is why we got Dave Kynaston to do the sign at the beginning of the year. We want to raise the profile of our village centre and reopening the Old Bookies is an ideal way of doing so.

If you would like to come along to our monthly meetings for a chat over a couple of beers, they are held on the second Tuesday of the month at the Holly Bush Inn. Start time is 1900 and all are welcome. The subject is generally how we can as ordinary people bring about better times for our community, and we welcome everyone's ideas. Literally put, the more the merrier.

We are also hoping to start a Monthly Street Market but need all our shop keepers to join in with this one, and again if anyone else wants to join in they will be most welcome. Perhaps you would even like to set up a stall of your own in the market and again the more the merrier.

We have also started a <u>National Petition for Duty Free Keg Beer</u> which will help all pubs in the Cefn, Wales and the UK. It will also help get the licencing system back under control and curb some of the negative effects of alcoholism we have seen so clearly during COVID 19 lockdowns

Regards, David Metcalfe, Cefn Community Councillor & Dee Valley AONB Champion.

www.pkcgroup.wales

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