## CEFN & DEE VALLEY NEWS

Cefn Mawr, Acrefair, Cefn Bychan, Plas Madoc, Rhosymedre & The Dee Valley Delivered Free for over 18 years. Issue 83 Winter / Spring





## RHOSYMEDRE CHURCHYARD VOLUNTEERS

Just a reminder of how much has been done by our amazing volunteers at St John's Graveyard. We are taking a short break but there is still a lot of work to do with anthills needing flattening out, graves to be uncovered, areas to be levelled, brambles, twigs and branches to be removed and paths to be cleared ready for spring. We would like to say a huge thank you to the wonderful supporters and everyone who has donated, it goes along way and the volunteers are very grateful. We would like to assure you that every penny donated is going back into the graveyard and has bought fuel, strimmer wire, along with some badly needed tools and equipment for the volunteers. We hope you are able to visit your family graves are they are now easier to find. We will post on our Facebook page when we are back so do come and join us.

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We were delighted to celebrate the recent 90<sup>th</sup> Birthday of Rhosymedre resident Mrs. Amy Truby. Mr. Phil Vaughan Cefn Community Council Chair and Community Agent Donna Elizabeth Powell had the honour of presenting Mrs. Truby with a bouquet of flowers and a card.



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## TESCO IN THE COMMUNITY

Hello all, I wanted to take a moment to express my deepest gratitude for the unwavering support you have all shown myself and Tesco throughout our various community projects. Thanks to your involvement, we have been able to make significant strides in numerous areas, bolstering local efforts and crafting meaningful change. Each collaboration has not only enhanced our projects but has also strengthened our communal bonds, creating a more vibrant and connected environment.

As we look ahead, I am incredibly excited about the prospects that the New Year will bring. Together, we will continue to foster growth and make lasting impacts, building upon the successes of the past year. Thank you once again for all your support and dedication. I am eager to see what we can achieve together in the coming months.

Stronger Starts voting has recently commenced with our new groups, so please ensure you collect your blue token at the checkouts in-store to cast your vote, We appreciate your participation.

For more support, please contact myself on 6450@tesco.com.

Thank You again for your continued collaboration and support.

**David - Community Champion** 



#### **EDITORS COMMENTS**

Happy New Year and are you keeping those resolutions! And no, I didn't make any myself. Its been great to get back to normal after the holidays and to start thinking about all things garden and DIY.

There are so many events and activities around that even though it is cold and miserable there is something to do every day. So don't sit home alone come and make and meet friends and enjoy a snack or try a new activity.

The new houses on part of the old Air Products site are coming on a pace and the show houses are open. I noted that Arriva have made some changes to their timetable effective from Sunday 26<sup>th</sup> January 2025, changes will be made to services across North Wales and Chester. Full information can be found at:

#### https://www.arrivabus.co.uk/wales-jan25

Don't forget to share your views on the new charity shop opening in Cefn. Big thanks to Raf and the team as we were able to get out just before Christmas and cleared the Dr Steps, American Hill and behind the Queens then tackled the leaves in and around the car park at Lys y Graig. Please do get in touch with me on 07532 780007 or email me at: tyger@tygertactics.com

Stay safe and look after yourselves, 74ger.



#### **MAYPOLE FLORIST**

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#### YSGOL CEFN MAWR NEWS

School Council and Eco Committee elections were held in September, where classes voted for the pupils they would like to represent their class. In early October,

members of the School Council and School Governors sat on an interview panel to choose our Year 6 Head Girl and Head Boy. The interview panel said that the Year 6 pupils were fantastic and talked about why they would like the role, what they could bring to the role and special qualities they have they could transfer to the role.

We held a Rainbow Fun Run in September to raise funds to purchase new playground equipment - £450.60 was raised. The children looked fantastic dressed in bright and colourful clothes. Staff donated items towards a Coffee Morning hamper and sold raffle tickets to raise funds for MacMillan - £43 raised. The School Council organised a Spotacular event to support Children in Need; children were asked to wear anything with spots or Pudsey clothes, classes also held stalls selling cakes, a raffle and games stalls to raise extra funds - £466.46 raised . Thank you to pupils, families and staff for your support.

School was very busy in December, we managed to fit a lot of activities into the month. We enjoyed watching our classes performing their Christmas concerts. The children all looked brilliant in their costumes, and sang and performed beautifully for families. We are very proud of them. The Reception class held a lovely Christmas craft session with a group of children and their families. Thank you to the staff for their hard work and to parents providing costumes for some of the plays. We would also like to thank families for supporting school by buying concert and raffle tickets, and for your support in our Christmas Prize Bingo night held on the 4<sup>th</sup> December. We would also like to thank the pupils in the School Choir and their families for supporting the

choir at the Cefn Community Council Christmas Fair at the George Edwards Hall and then the Choir sang in Tesco on the last day of term. All pupils were rewarded with a Christmas Disco and a visit and gift from Father Christmas on the 19<sup>th</sup> December.

Currently, our Year 5 pupils are taking part in a North Wales Police Education Programme to become mini police officers. They have completed their application



forms and will soon receive their uniforms and warrant cards. As part of Anti-bullying week, PC Hulley visited school to speak with the children on keeping safe online and suitable age appropriate apps for children to use. The whole school also wore odd socks to reinforce the anti-bullying message. In the autumn term, most pupils had the opportunity to take part in extra curricular activities after school. 30 pupils in Year 2-6 joined our School Choir and have already sang to the whole school in an assembly, at the Christmas Fair at the George Edwards Hall and at Tesco. Girls in Years 3-6 took part in after school football training sessions with Active Wrexham's Liam Jones and Eve Butterly. Pupils in Years 1 and 2 enjoyed playing table top board games after school club. Pupils in Years 3 and 4 took part in after school craft sessions, and pupils in Years 5 and 6 had the opportunity to take part in after school netball and art sessions.

We held a Super Learning Week in October based on the book 'The Sames But Different' by Molly Potter. All classes completed activities and discussed diversity, disabilities, showing kindness and empathy, and learned to appreciate everybody is special and different. Pupils wore non-uniform red for the day to promote Show Racism the Red Card. The School Council ran a Design a T-Shirt competition. We would also like to say a big thank you to *Tesco Cefn Mawr and Cefn Mawr Community Council* for their kind donation of school uniforms to the school, these were most welcome.





#### THE TOWERS DAY NURSERY

The Towers Day Nursery welcomed some new children when we returned after a busy Christmas, which included a visit from

Father Christmas. They are all settling in well and are enjoying the varied, nursery activities.

The Children in Need event in November raised £50 and a certificate of appreciation has been received. This term, the children will be busy celebrating the Chinese New Year, St Valentine's Day, Shrove Tuesday, St David's Day and Easter. They will enjoy stories, drama and creating art/craft work. For Mothering Sunday we will be busy making cards and gifts and for St David's Day the children are looking forward to making Welsh flags, leeks and daffodils; as well as looking forward to dressing up in traditional costume or a Welsh football/rugby top on

March 1<sup>st</sup>.

As we move into Spring there will be lots more opportunity for outdoor play and for work on the garden. The children will soon be busy planting seeds and putting in plants ready for the Summer. The staff have been busy too, all staff have been working on updating their qualifications in Food Safety and Hygiene, Safeguarding, and Paediatric First Aid. They have also recently upgraded their qualifications for delivering the Curriculum in Wales. We have had a visit from the Designed to Smile team and new staff have been trained in the Tooth Hygiene regime.

A quick reminder that we are delivering the Child care Offer here, this enables working parents of children who are over 3 years to receive some free childcare. If you require further information on the nursery or would like a visit, please ring **01978 822446**.

DISCLAIMER Whilst the Cefn & Dee Valley News makes every attempt to ensure the accuracy and reliability of the information contained in these pages. Cefn & Dee Valley News does not take responsibility for articles and advertisements which are the sole responsibility of the contributors.

#### **GARTH & TREVOR OVER 50S GROUP**

We meet between 2 - 4pm at the *Trevor* 

Trevor Community Centre,



Heol Penderyst, Trevor, Llangollen LL20 7UD on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month.

The Centre is fully accessible and we arrange a wide variety of social activities along with a cuppa and piece of cake.

As the cold, miserable winter days are here don't sit at home alone, we welcome new members to come along and give it a try and meet and make new friends in a warm and friendly space.

## The Towers Children's' Day Nursery

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How can I provide for my new wife when I die, without depriving my children?

Q. I have remarried but my children are from my first marriage and my new wife has children from her previous marriage. How can I make sure that only my own children benefit from my estate if I die before my wife, and still ensure that she is sufficiently provided for during her lifetime.

A. Any previous Will you had automatically became void when you remarried. If you fail to make a new Will before you pass away, the rules of intestacy will apply, meaning your new wife will benefit from the first £322,000 of your assets and half of anything above this amount. If she then died leaving a Will benefiting her children, or died without a Will, it is likely that her family would benefit and your children would receive nothing from her estate, including the assets she received from you.

If you make a new Will, you could include a trust giving your wife the right to live within your home until she passes away, providing she can maintain the property independently. Upon her passing, the trust will end and your share of the property would pass to your children. This is called a life interest trust. Generally, your wife would be entitled to any income from the property during her lifetime, but your children would ultimately benefit from the capital upon her death.

Another option is a right of occupation trust, which would end at a specified juncture, i.e. if your wife remarried, cohabited or was unable to continue living in your property, because for example she needed to live in a care home. On the trust ending, your children would then benefit from the capital. You could also leave a specified share of any assets you don't hold jointly with your wife to support her after you pass away and leave the rest to your children. Leaving insufficient support for your wife could lead to a claim against your estate.

This question has been answered by Nicole Kukla, a paralegal with GHP Legal. If you would like to speak to someone about this or any other legal matter, please visit our website www.ghplegal.com and use the contact us form, or call us on: Wrexham 01978 291456, Llangollen 01978 860313, Oswestry 01691 659194



#### **CRNCA** -THE CHARITY FOR YOUR COMMUNITY

CRNCA is a registered charity established in 2008 to benefit the residents of Cefn Mawr and the surrounding villages. We run a community centre at The Old Canteen, Bro Gwilym Lane, Cefn Mawr. Activities range from pre-school child care, crafting groups, gardening, church groups and our ever popular luncheon club. We also hold special events throughout the year.

We are looking for enthusiastic and committed people who want to help our local community by volunteering or becoming a trustee of CRNCA. We are planning a relaunch in 2025 with a new 25-year lease on the building (which is owned by Wrexham Council), new funding, new activities and a new name to reflect the future direction of the charity. This is a great time to get involved, make new friends and help your community.

For more information about becoming a trustee, please email mark.lacey@deevalleytrust.org.uk Or for information about volunteering opportunities, please call Kris Morrison on 07532 484470.

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#### **LLANGOLLEN LIBRARY**

Castle Street, Llangollen LL20 8NU Tel 01978 869600

**Rhymetime** - Free to attend. Phone for details **Llangollen Library Reading Group** - 1<sup>st</sup> Friday of the month at 7pm. Cost £2 to cover refreshment's.

**Cymraeg Darllen Cymraeg -** please phone for details.

**Talking Points** Thursdays 10 to12:30 for Denbighshire residents to find out what help and support is available in their local area, to help improve their health and well-being.

**Working Denbighshire -** helping you back to work here: 3<sup>rd</sup> **Wednesday** of the month.

Join our Adult Reading Challenge! Read 25 books in 2025! Pick up a book bingo sheet in your local library, read a book from each of the themes in any order you wish and have your sheet stamped when you return each book. Receive a reward after you have read 10, 20 and 25 books. (incentives available while stocks last).

**Hearing aid support** every 2<sup>nd</sup> Friday monthly from 10am to 12 noon. They clean and re tube aids and give out batteries.

**Barclays Bank** Thursday and Fridays 10am to 3:30pm (closed for lunch 1-1:30pm).

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Open Wed 2-5pm Thurs & Fri 10am-1pm & 2pm-5pm and Saturdays 9:30am-12:30pm

## LLANGOLLEN TOURIST INFORMATION CENTRE

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stay, things to do and what seasonal events and
activities are on here and also other areas of North
Wales. We are open Mon, Tues, Wed, Fri and Sat
9.30 to 4.30pm Closed Thursday and Sunday

#### 1st LLANGOLLEN BROWNIES

Is your daughter between 7-10 and, wants to meet new friends, have fun and learn new skills then why not give brownies ago. We currently has spaces available for girls aged 7-10 years. We meet every Wednesday in term time If you would be interested in your daughter joining please registered on the following link <a href="https://www.girlguiding.org.uk/joinus">www.girlguiding.org.uk/joinus</a> Or contact Alison Fenn on **07872 924888** 

#### 1st LLANGOLLEN RAINBOWS

We currently have space for girls aged 4-7 years with a fun packed programme and would love for more girls to join in the fun. please register your interest on the link <a href="http://www.girlguiding.org.uk/joinus">http://www.girlguiding.org.uk/joinus</a>

#### **LLANGOLLEN COUNTRY MARKET**



We reopen after our winter break on **Friday March the 14**<sup>th</sup> & 28<sup>th</sup>. We look forward to welcoming you back with many new and unusual things for you to

come and buy we hope you like what we have been busy working so hard on.

We have lots of locally, handmade crafts, home baked goods including cakes, jams, chutneys and honey and home grown seasonal garden produce. We are open the second and last Friday of the month from 11am to 2pm in the **Memorial Hall**, Market Street, Llangollen. Refreshments are available and a warm welcome awaits

Refreshments are available and a warm welcome awaits you. Come and meet friends for a chat or find that extra special gift.

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Email: handmadellangollen@outlook.com





#### THE DORY GALLERY,

Regent Street, Llangollen, LL20 8HL. Life Drawing Classes - most

Mondays 10.30am - 12.30pm drop in sessions £13 bring your own pads and medium - pencils, charcoal, paints, inks etc., we supply boards and tea/coffee and a chance to show your work should you wish to. All professional models used. All levels welcome.

Life Drawing Exhibition 15<sup>th</sup> Feb - 30<sup>th</sup> March Mothers day an array of work produced at our classes and a chance to purchase a unique original piece of work.

Edward Bell Exhibition - a chance to view the wonderful works from Edward.

Exhibition of artist Paul Munroe wax, oil and collage of sea scapes and boats Jan - March.

Ghost of a Room. On-going. A re-imagining of the dark oak carved panels at Plas Newydd by local textile artist Jan Wallis. Hand stitched quilting. Come and meet our Artist in residence, Jan Wallis, who will be developing her new installation 'Patching The World Together'.

Exhibition from the permanent collection of **Dory's** work. Large abstract pieces to spend some time with and enter into a dialogue of unspoken visual language.

Louise Edwards - we have a selection of work by local artist Louise.

**Keith Roberts** - last chance to view a selection of this London based artist work in the White Gallery.

**Steve Lane** a Liverpool based artist inspired by the beauty of Llangollen, spending several times a year visiting and returning home to produce a mixture of work from between the two. Steve lecturers in art at Priestly collage and has worked with us and his students within the Dory Gallery. Steve will be showing his collection here from March.

Nook Pottery - now offer taster sessions on Saturdays and Tuesday evening contact them on Facebook at Nook Arts Llangollen.

We also hire out spaces should you wish to hire a space to show your work All exhibitions, Saturday and Sunday, 10am-4pm. Check our website www.dorygallery.com and Instagram

@the dory gallery for details, exhibitions and gallery events. Entry is free for everyone, dogs are welcome inside and kids can have fun with our Art Trail quiz! Email: thedorygallery@gmail.com



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#### **BARCLAYS BANK – Here to help** BARCLAYS Based at Llangollen library every Thurs &

Fri 10am - 3.30pm walk ins welcome. Account support and online banking services available, this is a Cashless site so we will not be able to take cash.

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#### **CEFN COMMUNITY COUNCIL**

The George Edwards Hall is available to book for parties and events, as well as the main hall we also have the Lower Room with fully equipped kitchen for smaller

parties and the Council Chamber for those requiring smaller space for meetings, here we can offer a Teams or Zoom facility. The Clerk can be contacted on 01978 821298 for any enquiries. Currently we have: Slimming World on Tues 5pm - 8pm & Wed 9am - 11am. DanceZone on Mon 5pm - 8.30pm and Thurs 5.30pm - 8.30pm. Line Dancing on a Wed from 7.30pm - 10pm. Community Hub Thurs from 9am - 11.30am. Dog Training every Fri from 7pm to 10pm. thanks.

Our 12 Children's Play Parks: are open, we ask that you please take your rubbish home with you if there is no available bin, thank you.

Street lights: If you notice any street lights out please can you report them with the number off the lamp post to the Office on 01978 821298 thank you. Birthdays: know someone who is going to celebrate their 90th or 100th birthdays? Please email admin@cefncommunitycouncil.gov.uk

Wedding Anniversaries: If you know any couples in our community who will be celebrating their Diamond 60<sup>th</sup> or Platinum 70<sup>th</sup> Anniversaries please let us know on 01978 821298 or email: admin@cefncommunitycouncil.gov.uk

Trefynant Cemetery: we respectfully ask when visiting the Cemetery to please dispose of your rubbish in the bins provided.

**Youth Club:** our Community Council funded youth club in the George Edwards Hall is open every Monday and Wednesday from 6 - 8pm during term time with a great range of activities including WiFi. We also welcome the Young Carers Group at this facility.

Cefn & Acrefair Playwork Project: our popular Community Council funded playwork project runs in Cefn Plas Kynaston Play Park on Mondays and Wednesdays and Acrefair School Field on Fridays 11am - 1pm in all weathers for children 5+ for all school holidays bar Christmas and February.

The Community Hub: on Thursdays 9.30am -12pm in the lower room at George Edwards Hall. Would you like to meet people from the community? Make some friends? Do you feel lonely? Come for a cup of tea, biscuits, meet new friends, do crafts, puzzles or just have a chat. We have a stairlift if you have mobility issues, all are welcome!

Community Litter Picks: we do regular litter pick throughout the community from spring to early winter Our litter pickers are local volunteers giving up some of their free time for a good cause. We are also a litter pick hub and can long term, loan equipment and keep you supplied with bags etc. Call 01978 821298 or email: admin@cefncommunitycouncil.gov.uk **Period Hub** Free sanitary products now available at the George Edwards Hall, in the reception area, please take what you need. Courtesy of WINGs Wrexham who believe no woman or girl should be without free period products.



community.

#### **CEFN COMMUNITY AGENT** UPDATE

**Supporting Our Community:** Hello! My name is Donna Thornley, and

help connect you with the services and support you need. My role is to guide residents to the right resources and assist with practical tasks like bus passes, blue badges, sign posting to numerous organisations and form filling. I'm also dedicated to helping people build connections within the

#### **HOW I CAN HELP YOU**

As your community agent, I can assist in several key areas: Signposting to Services: Unsure where to turn for help? I can direct you to the right organisations, whether you need support with health, social care, or financial advice. Bus Pass Assistance: If you need help applying for or renewing a bus pass, Blue Badge Assistance, if you need help applying for or renewing. I'm here to guide you through the process and keep you connected to the wider area. Form Filling: Struggling with paperwork? I can help and signpost people to relevant groups to complete important forms for benefits, services, and other essential documents. Connecting People: Looking to get more involved or meet new people? I can help connect you with local groups and activities.

#### WHEN AND WHERE TO FIND ME

George Edwards Hall: Every Wednesday morning at my new coffee and bacon bap group from 09.30am to 11:30am. Drop by for a friendly chat and a warm place to relax in.

Soup Kitchen at CRNCA: this runs on a Tuesday from 12pm till 3pm where you can find support and community spirit. Stay Connected If you need help with signposting to services, bus passes, or form filling, feel free to reach out I am available from 12pm till 1.30pm. You can also call me on **07925 048711** or email agent@cefncommunitycouncil.gov.uk. Let's work together to strengthen our community connections.

Cash bingo afternoons will be starting in George Edwards Hall, I will keep you all posted when this will be happening. See you all soon, **Donna.** 

#### CHIRK COMMUNITY HOSPITAL WOUND **CARE CLINIC**

Chirk Community Outpatients are running Wound Care Clinics which are available for patients to contact for dressing changes following surgery or injury, removal of sutures, leg ulceration etc., and who may have previously been referred to a District Nursing Clinic. Please note this is NOT a minor injuries unit.

They also carry out Doppler Assessments. For appointments please call 03000 850003 and press 2 when instructed then ask for the Outpatient Wound Care Clinic you will then be given an Appointment.

Please do not cold call or attend either the Wound Care Clinic of the District Nurse Clinic without an appointment as you will not be seen. Thank you.

## **Crane Medical Centre**

Crane St, Cefn Mawr, LL14 3AB; Tel: 01978 810844

### **News Update**



#### Welcome to the Twentieth edition of Crane News.

Hope you all had a lovely Christmas and a Happy New Year.

We hope you will have a healthy 2025.

We need to update you on a new way of issuing your NHS prescriptions. This is known as electronic prescriptions where paper copies of the prescriptions are no longer generated but sent directly to the pharmacy (that you the patient nominate) electronically. Electronic prescribing has been happening in England for many years and is an efficient way of sending prescriptions to a pharmacy of your choice without the prescriptions getting lost. Patients will have to nominate a pharmacy of their choice that is able to accept electronic prescriptions and inform that pharmacy that you want your prescriptions to be sent to them. Should you choose to collect your prescription from the surgery than we will keep them for collection. This new service started from the 21<sup>st</sup> January 2025.

The hospital is under tremendous pressure this winter. Help us to help them by having all the vaccines that you are eligible for.

There is now a new vaccine called **RSV which** helps protect against respiratory syncytial virus (RSV), a common virus that can make babies and older adults seriously ill. If you are between 75 yrs and 79 yrs old you will be eligible to have this but not at the same time as other vaccines. Please contact the surgery to make an appointment.

#### **ROWLANDS PHARMACY - CEFN MAWR**

Medical Hall, Crane Street, Cefn Mawr LL14 3AD Open: Mon to Fri 9am to 1pm and 2 to 5.30pm.

Sat 9am to 1pm. Tel: 01978 822600

L ROWLANDS & CO - RUABON

The Medical Centre, Ruabon, LL14 6NH

Open: Mon to Fri 10am to 12pm then 2pm to 6pm

**Sat** 10am to 1pm Tel: **01978 821802** 

L ROWLANDS & CO - LLANGOLLEN

Bishop's Walk, Health Centre, Llangollen LL20

8RZ Open: Mon to Fri 8.30am to 6pm Sat 9.30am

to 1pm Tel: **01978 860657** 

**ROWLANDS PHARMACY - CHIRK** 

Colliery Road, Wrexham LL14 5DH *Open* Mon to Fri 8.30 to 6.30. Sat 9am to 1pm .Tel: 01691 772439

#### ALEXANDERS PHARMACY - ACREFAIR

**52-53 Peris, Acrefair, Wrexham, LL14 3LF**Do ask about our free prescription delivery service.

Open: Mon to Fri 9am to 6pm. Closed Sat.

Tel: 01978 810272

#### **DENTURES REPAIRED**

By a Qualified Dental Technician registered with the GDC (General Dental Council



Peter Harling Mob: 07712 894479

1 hour service, weekend and evening repairs.

#### **HEARING AID SUPPORT**

Did you know that the *Wrexham Maelor Audiology Department* have monthly Drop In sessions at the following places.

**Llangollen Library, Castle Street, Llangollen LL20 8NU** on the **2**<sup>nd</sup> **Friday** of every month between 10am and 12 noon, find us upstairs in the Tourist Information building on Castle Street and there is a lift to the library on the first floor.

Corwen Family Practice, Green Lane, Corwen LL21 0DN on the 3<sup>rd</sup> Friday of every month from 10am to 12 noon.

Chirk Community Hospital, St John's St, Chirk LL14 5LN on the 2<sup>nd</sup> Wednesday of every month from 10am to 12 noon.

We clean and re tube aids and give out batteries. No appointment needed.

### POLICE SCAM NOTICE Text/Whatsapp scams

Have you received an unusual request on WhatsApp from a family member or friend? If you receive a strange message, always call the person outside of WhatsApp to confirm their identity.

To report spam messages or block a sender within WhatsApp. Press and hold on the message bubble, select 'Report', and then follow the instructions.



#### **LLANGOLLEN MUSEUM NEWS**

Happy New Year to everyone. The builders, **Team Roundhouse**, have now finished the work on the new roof and so we are watertight again, with a very slightly different looking building on the outside and a much improved Museum on the inside.

We have had grants from a number of different funders to help with the work, allowing us to improve the Museum and keep our local heritage accessible to everyone. Funding from the Lottery Heritage Fund, the Community Ownership Fund, the Denbighshire Key Fund, the Clocaenog Wind Farm Fund and the Welsh Government Collection Management Capital Improvement Programme have helped us to not only replace the roof, but also to increase our artefact storage, along with a new environmental monitoring system, install a stairlift, improve signage, create new displays and improve our website, as well as purchasing the Museum building off Denbighshire County Council.













We will be spending February cleaning, moving the collection back into the Museum, setting up the displays and cabinets and getting ready to open again, which we plan to do at the beginning of March. We will be having a Museum re-opening launch day event to which everyone will be welcome. The date of that is still to be finalised and so watch our Facebook page for details.

Saturday March 8<sup>th</sup> will see our first Finds Day of 2025 in the Museum. Dr Susie White, from the Portable Antiquities Scheme, will again be with us to identify objects that you have found, helping to unlock more of the secrets of the past, so please do bring along all of your finds for identification. Details will be posted on Eventbrite and on our Facebook events page.

Our first talk of the year will be in the Museum. On **March 26**<sup>th</sup>, at 7pm, Graham Edwards will follow up on his fascinating talk about the Welsh in Patagonia with 'The unique friendly relationship between the Welsh settlers and the native Tehuelches tribe in Patagonia'. Without a doubt, the settlers would not have survived without the friendship of the natives, who traded with them and taught them how to hunt. The amazing thing is not one drop of blood was spilled in their relationship and the Tehuelches

referred to the Welsh as "Los Amigos ". **April 30**<sup>th</sup> will see Dr Jack Hunter give a presentation on 'The Paranormal Ecology of the Tanat Valley'.

Watch our Facebook page for the details of this talk.

Although there have been a few delays, the setting up the Llangollen Museum Young Archaeologists' group is ongoing. we are hoping to have a full programme for 2025 in place very soon. YAC members take part in all sorts of exciting, hands-on activities, such as excavation, working with artefacts,

activities, such as excavation, working with artefacts, visiting historical sites and undertaking experimental archaeology. Anyone wanting to join our mailing list for updates please email cdv.yac@gmail.com

For all of the latest information about what is happening at the Museum, do keep an eye on our Facebook page at Llangollen Museum, If you want to be more involved with the history of the area, and become a volunteer at the Museum, please contact our manager Gill Smith at

gilliansmith2@hotmail.co.uk or on 07516 023524.

## CEFN AND DISTRICT MUSEUM & HISTORICAL SOCIETY

The museum continues to open regularly on Mondays, Wednesdays and Fridays from 10am to 12.30pm, with the exception of Bank Holidays. We look forward to welcoming you when you visit us. Currently we have a Special Exhibition on Childhood in Cefn, describing what it was like to be a child living in Cefn decades ago. We have recently received a Tesco Community Grant which enables us to pay for a Performing Rights License to continue playing music in the Museum. Many people find that music from their early years helps them to look back and remember their lives as children in Cefn as much as seeing objects and photos does.

For more information contact Alan Tiltman the Archivist on **a.tiltman@icloud.com** or **07753 251768**. Meanwhile, Cefn Mawr Historical Society continues to meet on the last Friday of the month, except for August and December. Do come in and see us when you're passing, we'd love to welcome you whether your visit is long or short.

## Welcome to Clwyd Family History Society

The Clwyd Family History Society was founded in 1980 to encourage the study of genealogy and family history in North-East Wales, and to provide a forum for people who are interested in these subjects to meet, and to help each other. It now has approximately 500 members worldwide.

Unit C15, Community Enterprise Centre, Well Street, Cefn Mawr, Wrexham LL14 3YD. Tel: **01978 822305**. (Answerphone - messages will be responded to as soon as possible). www.clwydfhs.org.uk



#### **OPENING SOON – NEW CHARITY SHOP**

When the Nightingale House charity shop in Cefn Mawr closed down many people told us they were sad to see it go. Dee Valley Trust is a not-for-profit organisation and we are proposing to open a brand new charity shop at our premises at 33 Well Street with all of the profits going to projects that benefit local communities in Cefn Mawr and the surrounding villages. If you would like to support the charity shop, there are many ways that you can help:

- 1 -If you support this idea, please complete the survey form below, both sides. This will provide evidence for grant applications to help us with start-up costs.
- 2 If you would like to donate good quality clothing or homeware items, please contact us.
- 3 If you would like to register as a volunteer to work in the shop, please contact us.
- 4 we will be employing one or two paid staff to manage the shop. Full training and support will be provided. Previous experience would be an advantage but is not necessary. If you would like to register an interest in these posts which are likely to start around 1<sup>st</sup> March, please contact us.

#### **Contact details:**

Please email mark.lacey@deevalleytrust.org.uk or text to 07768 661367.

Please return your completed survey forms to the shop at 33 Well Street (currently branded as "SAS Hair & Beauty"). Thank You!

#### **CEFN MAWR CHARITY SHOP SURVEY**

When the Nightingale House charity shop in Cefn Mawr closed down many people told us they were sad to see it go. Dee Valley Trust is a not-for-profit organisation and we are proposing to open a brand new charity shop at our premises at 33 Well Street with all of the profits going to projects that benefit the local community. We would like to ask your opinion on this proposal:

Do you think a charity shop needed in Cefn Mawr?
□ Yes □ No
Please tell us why you answered Yes or No?
·
How would you use a charity shop in Cefn Mawr?
$\square$ to make donations $\square$ to make purchases
$\square$ a place to meet friends $\square$ I wouldn't use a charity shop
Do you think other people in the community would use a charity shop?
□ Yes □ No

Yes	□ No
you use other charity sho	ops, where do you travel to?
Vhat items would you wan	t a charity shop in Cefn Mawr to stock?
☐ Ladies Clothes	☐ Men's Clothes
☐ Children's Clothes	☐ Homeware
□ Toys	☐ Other
Tell us more	
Vould you be interested in	working at a charity shop?
Vould you be interested in ☐ Yes	working at a charity shop?  □ No
☐ Yes	
☐ Yes	□ No
☐ Yes  Yes please complete the	□ No
☐ Yes  Yes please complete the  Name	□ No
☐ Yes  Yes please complete the  Name  Contact Details –	□ No
☐ Yes  Yes please complete the  Name  Contact Details –  Email or	□ No

Please return this questionnaire to the shop at 33 Well Street, Cefn Mawr (currently branded as "SAS Hair & Beauty" or email to mark.lacey@deevalleytrust.org.uk

#### **CEFN LIBRARY UPDATE**

Half term crafts for kids Friday Feb 28<sup>th</sup> Easter craft for kids Friday April 25<sup>th</sup> All for children aged 4-10. Just drop in between 10-4:30pm

Wrexham Family Information Services 2:30-4:30pm drop in once a month on the second Wednesday of the month. Come in for a chat about anything that might help support you and your family.

The library is a warm space again this winter. Do drop in any time we're open.

#### **Mondays**

Citizens Advice is back once a month in Cefn thanks to the community council's support. The next drop in services are Monday January 27th, 24th February and March 24<sup>th</sup> from 1:30- 4:30pm

Knit, Knatter & Craft group meet every Monday from 1 -3:30pm.

Heritage Crafts 1:15-3pm – our January to February 6 week sessions are full but we hope to run more in the future. Please contact the library to register your interest.

**Integrated Autism Services** – every third Monday 1-3pm. To support you and your family.

#### Wednesdays

Cylch Ti a Fi 1:15-2:15pm during term time. This is suitable for children under 4 and Welsh or nonspeaking Welsh families. Learn simple songs and take part in a craft activity. The sessions are free but you need to book in advance by contacting the library.

Lego Club runs every Wednesday all year round from 3:15-4pm. Suitable for children age 4+ with some building blocks for younger siblings if needed.

#### **Thursdays**

Cefn Remembers First Thursday of the Month 2-3pm. February 6<sup>th</sup> – weather; March 6<sup>th</sup> –Monsanto; April 3<sup>ra</sup> J C Edwards. Refreshments provided. Do bring along items or photos.

Adult book club is on the last Thursday of the month from 2-3pm.

Fridays Drop In For Parents Fridays Term Time 8:45-9:45am. Drop off your children at school and drop in the library for a cuppa and a chat. What else do we do? Come along anytime for a chat, read a book or newspaper. We provide photocopying, free WIFI, IPads, computers and laptops. Wireless printing is available: 20p per page Black & White, 40p per page for colour. You can also get blue recycling sacks and green caddy bags. We have a dedicated quiet corner and also quiet library time from 4:30-5:30 on

Thursdays. Please return or renew your books every three weeks by phone, in person or online

www.wrexham.gov.uk/libraries and follow the online services link. Don't forget we have audio books on CD, large print books plus Quick Reads for those who haven't got a lot of time. With the **Borrowbox** app you can **read online**. Just download it to your phone or

Can't find the book you want? Ask in the library, online or by email and we'll try and find it for you. You can collect or return items from any local Welsh library. Call us on: 01978 820938

Email: Cefnmawr.library@wrexham.gov.uk We're open Mon 1-5:30pm, Closed Tues, Wed & Thur 1-5:30pm, Fri 9-5:30pm.

Plas Kynaston Lane, Cefn Mawr LL14 3AT



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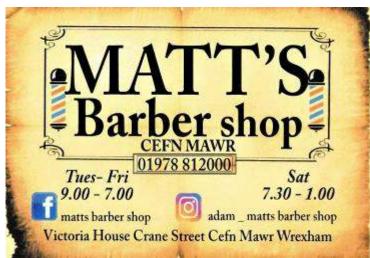
Crane Street, Cefn Mawr LL14 3AB

We are open for appointments

Minimally invasive medical cosmetic procedures Consultations | Hydrafacial | Dermaplaning | Profhilo Acne treatments | Anti wrinkle treatment Facial enhancement and more.

Gift vouchers available. See our Facebook page for more information.







#### **CHURCH NEWS**



As I write this there is virgin snow on the ground glistening in the sunshine. The sky is blue, and it is really beautiful. My husband and I are warm in our home (although watching the meter carefully!) and there is plenty of food in our

cupboards and warm clothes on our backs! We have little, or nothing to complain about. In our safe little bubble the world is a wonderful place!

So, who would have thought that around us there are horrendous fires now burning in America, Do we care Russia is still at war with Ukraine, and Israel is at war with their neighbouring countries! So many lives have been lost unnecessarily as well as their homes and livelihoods, families broken and irreparable. In this country we seem to have 'got off lightly' in comparison, but we have seen floods on our TV's effecting so many people badly in areas never effected before. Stabbings now 'normal' on our streets. The list goes on, but does it affect us? do we think about it? Do we care about the needs of those around us in our own community? Our family, and friends?

Have we enjoyed a good Christmas celebrating with friends and, or family? Did we stop to think about what Christmas is really all about? Jesus, the Son of God sent by His Father in Heaven to rescue the lost in this messy, cruel and lost world!

A really good friend of mine sent me this message at Christmas:

When the song of angels is stilled.

When the star in the sky is gone.

When the Kings and Princes are home.

When the shepherds are back with their flocks.

Then the work of Christmas begins!

To find the lost, to heal the broken, to feed the hungry. to release the prisoner.

To rebuild the nations. To bring peace among the people, and to make music in the heart!

This is the world Jesus intended it to be, and we are His hands and feet here on Earth. So, what can we do towards this in 2025 to make our corner of this earth a better place?

Would you like to join us at Café Church at 10.15 for free cakes and cuppas, on the 1<sup>st</sup> Sunday of every month, where we talk about such worldly issues. Or come along to our Social Evenings at 7pm on a Thursday evening, 11 days later, where you can have a laugh, make new friends, and enjoy free food and drinks for all.

Ring Colin and Rowena on **01978 824785** to find out more!

A HAPPY NEW YEAR from us all!

#### CITY CHURCH LLANGOLLEN

Brook Street, Llangollen LL20 8LS.

We meet on Sundays at 10am for 10:30am, come and join us, we are a united church family, where you will experience a church full of freedom and love.

Tel: **07957 728473** 

email: church@citychurchllangollen.org.uk

## LLANGOLLEN GROUP OF ANGLICAN CHURCHES UPDATE ST COLLENS PARISH CHURCH

Weekly **Mass and Communion** on **Sundays 11am**, When there is a **5**<sup>th</sup> **Sunday** there will be a united service for all four churches. *Church Opening Times for Prayer and Visiting:* Sunday: 10am - 12 noon. Monday to Saturday 10am - 3pm.

**Celtic Eucharist:** The first Sunday of each month, 9.30am at St Tysilio's. Rediscover the sacred rhythms of ancient worship in a modern world!

Next **SOUND BATH** @ St Collen's Church Friday 7<sup>th</sup> February at 7pm! FREE to attend! No booking required. Please bring something warm and comfortable to lie/sit on during the experience c.45mins'

**TREVOR PARISH CHURCH** Trevor LL20 7TL **Sunday Morning Prayer** at Trevor Church every Sunday at 9.30 am. We have Holy Communion on the 4<sup>th</sup> Sunday of each month. When there is a 5<sup>th</sup> Sunday we have a combined service in St Collen's Llangollen at 11am.

#### ST. JOHN'S RHOSYMEDRE

Church Street, Rhosymedre LL14 3EA.
Our regular **Sunday Services** are at 11am. **Bible study** every Wednesday at 1.30pm. St John's is open to any school or group who wishes to visit. We also have an upstairs room for people/groups to use for meetings or get togethers. Contact **Beulah Griffiths Church Warden** on **07539 229228**.

#### **CATHOLIC CHURCHS**

**St. Richard Gwyn Parish** Chirk, Llangollen & Ruabon **Parish Priest:** 3 The Villas, New High Street, Ruabon, LL14 6NW **Office**: **01978 821 568** 

Website: www.strichardgwynparish.co.uk Email: priestruabon@rcdwxm.org.uk

Weekend Mass times: Saturday 6pm Holy Cross, Llangollen, Sunday 9am Sacred Heart, Chirk & 11am St Mary's, Ruabon

**Weekday Masses:** Tuesdays, Sacred Heart, Chirk - 10am, Wednesdays, Holy Cross Llangollen – 10am Thursdays, St. Mary's Ruabon – 10am.

#### Holy Day of Obligation:

Vigil Mass, Holy Cross, Chirk – 6pm Day of Obligation, Holy Cross, Llangollen – 10am St. Mary's, Ruabon – 7pm

#### RHOSYMEDRE METHODIST CHAPEL

Chapel St, Rhosymedre LL14 3YF. **Sunday** worship at **11am** and every 2<sup>nd</sup> Sunday of the month we worship in Ruabon Methodist Chapel at 10:30am.

#### **RUABON METHODIST CHURCH**

Henry St, Ruabon LL14 6NS **Sunday** worship at 10:30 am. 2<sup>nd</sup> February Local Arrangement. 9<sup>th</sup> February 11am at Rhosymedre Methodist Chapel 16<sup>th</sup> February Rev. Marian Jones. Holy Communion. 23<sup>rd</sup> February Rev Patrick Rudden

#### **LLANGOLLEN METHODIST CHURCH**

Princess Street, Llangollen LL20 8RD **Sunday** Worship at 11am Tel:**07927 144822** or visit our Facebook page.

#### CRNCA COMMUNITY UPDATE

Tel: 07531 310335. Bro Gwilym,

Cefn Mawr LL14 3PA

Registered Charity Number 1122422

Tuesday Warm Space Free Tea and soup 12.30-3pm

This is an initiative between CRNCA, Tesco and Cefn Community Council to provide somewhere to enjoy a hot beverage and a light snack to while away the time during these dull, cold winter months all welcome

#### **Over 50s Lunch Club**

Every Wednesday 12.30pm 2 course hot meal with tea/coffee Price £3.50p Please call 07532 484470 to book in with number of persons to prevent food waste

Changing Seasons Group for over 50s Games, chat and refreshments for only £1 subs. Every Tuesday afternoons 12.30-3pm all welcome

#### Mens Talk Group

£1 subs apply Have a mug of tea and a chat, socialise while sharing life's experiences This is a men only group to enable free talk

#### **Woollies Knit and Create Group**

£1 subs apply Bring your knitting, embroidery, or other related items and enjoy fun laughter jokes, learning experiences Every Wednesday afternoons 2-4pm

#### **Game Time**

Wednesday afternoons 2-4pm £1 subs apply -tea included. Card games, board games, jigsaws and more your choice nice company warm space chance to get out the house.

For any information call CRNCA Cefn Mawr. Rhosymedre and Newbridge Community Association **07532 484470** for more information.

#### **NEW PROJECTS**

CRNCA are looking at a couple of New initiatives to provide learning and fun for your community If anyone wishes to give time to support us in any way by helping or fundraising please contact Kris 07532 484470

#### Gardening and self sufficiency days

We are planning an all out assault on our grounds this year to firmly establish our food growing to supply fruit and veg. for our groups and community

Anyone with a little time and ideas please come along, we have the tools we just need the brains and hands to make some progress

Posters and Facebook notices will be out when these days are arranged.

#### THE NEWBRIDGE ANGLING ASSOCIATION

Has game and coarse fishing on the River Dee. Game fishing is for Salmon. Sewin (sea trout) and Brown Trout. Coarse for Greyling, Roach, Pike, Perch, Chub and Dace. The fishing methods allowed depend upon the species and the season. Contact Alan Garston. 77 Llay New Road, Llay LL15 0PS Tel 07933 033666

#### **BINGO AT THE ROYSTON CLUB ACREFAIR**

Thursday is Bingo night every week in the bar at the Royston Club. Doors are open at 7pm and Bingo is from 8 to 10pm. All welcome, good parking.

#### LADS N DADS

BARBERSHOP **OPEN Appointments Only** 

OPENING TIMES

Tuesday 9am - 5pm Wednesday 9am - 2pm

Thursday 9am - 6pm

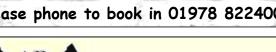
Friday 9am - 5pm

Saturday 9am - 2pm

LADIES any day by appointment only

Please phone to book in 01978 822400







Tree & Garden Care All foliage from trees cleared away

Tree Surgery Landscaping **Hedge Maintenance**  Stump grinding Logs for sale **Fencing** 

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Steering Suspension Wheel Alignment Servicing



**USEFUL NUMBERS** 

**Gas Emergencies** 0800 111 999

**Dee Valley Water** 01978 833200

Dee Valley ( Leak Line) 0800 298 7112

MANWEB / Scottish Power 0845 2722424

Welsh Water 0800 0520130

Cefn Community Council 01978 821298

ACAS 0300 123 1100 Age UK: 0800 169 6565

**Alzheimer's Society** 0300 222 11 22

CALL Community Advice & Listening Line

0800 132 737 or text 'help' to 81066

Cambrian Credit &Loans 01978 266843

Caritas Surgery Cefn Mawr 01978 720450

Childline: 0800 1111

Citizens Advice Wrexham (CA) 0300 330 1178

CA Consumer Helpline 0808 223 1133

**CA** National Grid line 0300 330 1178

CA local office please leave your name and

number for a call back 01978 364639

Community Fire Safety 01745 352693

Consumer Direct Wales 08454 04 05 06

Crane Medical Centre 01978 810844

Crime Stoppers 0800 555 111

Dementia Help Line Wales 0808 808 2235

**District Nurses Plas Madoc** 0300 084 9777

**DAN 24/7 Drug & Alcohol Help Line** 0808 808 2234

or text 'DAN' to 81066

Domestic Abuse Safety Unit (DASU)

01978 310203

Domestic Violence Hotline: 0808 2000 247

Floodline 0845 9881188

Home Fire Safety Checks 0800 169 1234

Live Fear Free 0808 8010 800

Macmillan 0808 808 00 00

Men's Advice Line 01823 334244

MIND 0300 123 3393 or text 86463

National Drugs Helpline 0800 776600

**No Panic** Don't suffer alone, pick up the phone.

0844 967 4848

RNIB 020 73881 266

Ruabon Medical Centre 01978 823 717

**Samaritans**: 116 123

SHOUT 24/7 free (on major networks) text service for anyone in crisis any time. Text 85258

The Mix Young Peoples Helpline 0808 808 4994

**Universal Credit** 0800 328 5644

Wales Domestic Abuse Helpline 0808 8010800

**Working Families** 0300 012 0312

**Wrexham Care & Repair** 01978 268120

Wrexham Dog Warden 01978 298989

Dog Warden Out of Hours 01978 292055.

Acorn Kennels 01948 662931

Wrexham Communities for Work

07976 200414 or 07976 200413

Wrexham Maelor Hospital 01978 291100

**USEFUL WCBC NUMBERS** 

OUT OF HOURS EMERGENCY NUMBERS

WCBC Out of Hours 01978 298989

**Emergency Council Housing Repairs** 01978 298993

Social Services 0345 053 3116

Emergency duty team

Highways 01978 292055

Telecare 01978 292055

Adult Social Care 01978 292066

Social care services for adults & older people

Children's Social Care 01978 292039

Social care services for children & families

Business 01978 298990

Business rates & licensing

Education 01978 298991

School admissions, term dates, free school

meals, school transport

Finance 01978 298992

Council tax account queries, Council tax support,

payments, benefits

Housing 01978 298993

Housing repairs

Planning & Building Control 01978 298994

Planning permission, advice & guidance

Pride in Your Streets 01978 298989

Waste collection, street cleanliness & lighting

Transport 01978 298996

Blue Badges, bus passes

**Welfare Rights** 01978 298255

**Wrexham Family Information Services** 

01978 292094

More services 01978 298997

Including births, deaths & marriages, voting and job vacancies

**Text relay** To use the Text Relay service prefix any number with 18001 or call our switchboard on

01978 292000.

#### **CEFN AREA DEFIBRILLATOR** 24/7 LOCATIONS

Llys Y Craig Sheltered Housing, Rock Road, Rhosymedre LL14 3YH By the main entrance.

Henry Williams & Son (Roads) Ltd. Unit 1, Park Road Industrial Estate, Rhosymedre LL14 3AX. On the railing to the right of their yard gate.

Ty Mawr Country Park, Cae Gwilym Lane, Cefn LL14 3PE.

Hinds Shop, Bro Gwilym, Cefn LL14 3PA

CRNCA Activity Centre, Bro Gwilym, Cefn LL14 3PA On wall to left of front door.

The George Edwards Hall, Well St, Cefn LL14 3AE On the wall to left by front door planter.

The Eagles, Llangollen Road, Acrefair LL14 3RP On the wall facing King Street near pedestrian crossing.

Plas Madoc Housing Office, 50 Peris, Acrefair LL14

All equipment is accessible 24/7 and is regularly checked.

#### **COMMUNITY SUPPORT**

#### **LLANGOLLEN FOOD SHARE HUB**

Castle Street end of Market Street Car Park. If you have queries call **07538 894449** contact us on Facebook or email:

#### llangollenfoodshare@gmail.com

Open for food parcels **1-2pm Wed**, for donations **10-11am Tues**. Open for **Community Fridge** sharing free surplus food **Mon & Thurs 9-11am**.

New Donation Point for Llangollen Food Share at The Spar. We will collect donations on a regular basis to go into our parcels that support 150 people a week in the local area to try to stop anyone going hungry. Thanks to Spar Llangollen for joining us to help those in poverty. For Crisis or Emergency support: we can help out of hours: to talk in confidence, message us on Facebook or text 07538 894 449. If you know of anyone struggling, please share details for them to contact us. We can deliver to those unable to collect. We share supermarket surplus to stop food waste, check our Facebook page for updates. Food Share is for everyone. If you can support us by donating food or money, please get in touch for with us.

#### **WREXHAM FOODBANK PLAS MADOC**

Provide emergency food parcels and toiletries to those in financial crisis. You need a referral from someone that helps you with other support such as your housing officer, social worker, health visitor, Community Agent, School or Citizen's Advice Wrexham. You can also call **Help Through Hardship** free on **0808 208 2138**. We have 8 centres for parcel collection, and someone can collect on your behalf, or you can request a home delivery.

Plas Madoc Leisure Centre foodbank is open Thurs 10.30-12 noon. Donations welcome on Tues and Fri between 10am -3pm at Unit 3 Edwards Enterprise Park, Rhosddu Industrial Estate, Wrexham LL11 4YZ .To volunteer please email ifo@wrexham.foodbank.org.uk or call 07538

547971.Find us on Facebook and Twitter, visit www.wrexham.foodbank.org.uk

#### THE COMMUNITY CAFE & FOODBANK RHOS

Supports families and individuals in the community with our foodbank, please get in touch to organise a food parcel. Generally here midday on Tuesday, Wednesday and Thursday but please call **01978 447477** or message our **Facebook** page before coming up to see us.

#### CITIZENS ADVICE WREXHAM

Free independent impartial, confidential advice on Thurs at *Plas Madoc Leisure Centre* **9.30am to 12 noon.** Also at *Cefn Mawr Library* on **3rd Monday** of the month from 1.30 to 4.30pm. Need advice before then? Call **0300 330 1178** between 10am and 2pm or leave your name, number and brief description of your issue on the general advice line answer machine **01978 364639** and they will call you back.

COMMUNITY FOOD, FRIENDSHIP & COMPANY Free weekly sessions at St Collen's Hall, Regent Street, Llangollen LL20 8HL Tel: 01978 860231

**Friday** Community Lunch 12 noon to 1.30pm. **Saturday** Community Breakfast 9am to 11am. No need to book, just turn up, We look forward to seeing you. Please check the Facebook page *St. Collen's Community Centre* for updates.

#### **VETERAN'S DROP-IN SESSION**

At the *Memorial Hall Bodhyfryd, Wrexham LL12* **7AG** from 10am -12 noon the last **Saturday** of the month. Email **Graham Jones**:

graham@woodyslodge.org

#### FRIENDS OF PARKIES

The charity is based in **St Martins** next to Stan's Supermarket, offering support for those diagnosed with Parkinsons, their carers and families, we meet every **2**<sup>nd</sup> **Wed** of the month. Call **Elaine** on **07760 685447** and see our Facebook page **friends** of **parkies**.

#### **NEW PATHWAYS**

Provide specialist support to adults, children and young people who have been affected by rape, sexual violence or abuse. Phone 01685 379310, email enquiries@newpathways.org.uk or visit our webpage www.newpathways.org.uk

NORTH WALES FIRE AND RESCUE SERVICE contact us for a free *Safe and Well* check, call **0800 169 1234** or visit <a href="http://ow.ly/4zS950GUlfr">http://ow.ly/4zS950GUlfr</a>

**VETERANS' GATEWAY** Information and support for veterans and families call 24/7 for help **0808 8021212**, text **81212** or

email support@veteransgateway.org.uk

#### WCBC BENEFITS ADVICE / WELFARE RIGHTS

Telephone advice for all Wrexham residents on Social Security entitlements including Universal Credit, Jobseekers Allowance and disability benefits. Call **01978 298255 9.30am - 12pm, Monday to Friday**.

#### WREXHAM FAMILY INFORMATION SERVICE

Here to help and support with a range of family issues or concerns. Call **01978 292094** or email: **fis@wrexham.gov.uk** to check our Facebook page for updates resources, events, activities and courses.

#### **WREXHAM KIDNEY CAFÉ**

At The Wellbeing Hub, 31 Chester Street, Wrexham LL13 8BG

Popham Kidney Café meets 1<sup>st</sup> Wed of the month from 10am - 12 noon, supporting people, families and carers living with kidney disease. To book call 0333 2001285 email: support@pophamkidneysupport.org.uk or visit www.pophamkidneysupport.org.uk

#### **B.O.T.S. BUMS ON TUMS**

We are a Stoma support group called B.O.T.S we meet on the 2<sup>nd</sup> Saturday of the month at *Hope Church, Oswestry SY11 2EP* in Room 1 from 11am to 1pm. At our meeting we socialise with other ostomates, offer the opportunity to talk and share, find out about the latest products from suppliers and have guest speakers on a variety of subjects. New members welcome, please contact Emily on **07972 519165** 

email: emily.hackworthy@live.co.uk

#### PLAS MADOC UPDATES What's on in Plas Madoc & The Land MONDAYS



**Coffee Morning** at Plas Telford from 10 to 11.30am.

Parent Forum at kettle club hub 1pm-3pm a group based around giving parents a voice, parent support and advice. The focus of the group is that parents can choose to have external speakers, informal chats, discuss child's health worries or any challenges/problems we face as being a parent/ carer.

**'It's OK to talk'** 6.30pm to 8pm at Kettle Club Hub meet new friends, enjoy a bite to eat or just chill free to attend.

**Street Football** (under 13's) 4.30 – 5.30pm Rounders 5.30 – 6.30pm Street Football (aged 13+) 6.30 – 7.30pm. All street sports are on the big field)

#### **TUESDAYS**

Playschemes at the Land for children aged 5-15 – please contact **@Land Plasmadoc** for more information or call 01978 813912.

#### **WEDNESDAYS**

**Breakfast & Brews** from 9am to 11am in the Kettle club hub come join us for a hot drink and breakfast, free to attend.

**Total Knitness** free knitting and crochet group every Wednesday from 1pm-3pm at the Kettle Club hub.

**Youth Club** @ The Land every Wednesday 6.15pm – 8pm for young people aged 10+

**Street Football** 4-6pm during the Winter on the big field, Plas Madoc.

Playschemes at the Land for children aged 5-15 please contact @Land Plasmadoc for more information or call 01978 813912.

#### THURSDAYS @ Kettle Club

The Pantry will be open between 9am-6pm and will offer 10 items of non-perishable food for £3.

**A Community Drop-in** from 9am-12pm – where we can help with foodbank referrals and other support or just join us for a brew, hot food, and good company! Free to attend.

For Plas Madoc residents trips to Aldi/Tesco are run between 10-12pm - £1 return which includes drop off at your home. If you need more Info, please call **01978 813912**.

**Form Filling** at Kettle Club Hub 1pm-3pm, Do you find form filling challenging, over whelming or could do with support, pop along.

**Pg Sips** at Kettle Club Hub 3 - 5pm at the kettle club hub a parent, guardian group to discuss all things parenting.

**Playschemes** at the Land for children aged 5-15 please contact @Land Plasmadoc for more information or call 01978 813912

#### **FRIDAYS**

'Thank Me It's Friday' 10am-12pm at Plas Telford a group for adults that focusses on supporting wellbeing in a relaxing, calming environment.

Playschemes at the Land for children aged 5 to 15 – please contact @Land Plasmadoc for more information or call 01978 813912.

**The Land** a provision for children & young people facilitated by The Land team will run Monday – Friday. We will be running services for children aged 0-15 and their families on the Land, Adventure Playground and within the community.

All play provision is free to attend – for more details please contact Claire.pugh @avow.org or find us on Facebook @Land Plasmadoc

**Bingo** every 1<sup>st</sup> Friday of the month 6pm eyes down 6.30pm at Plas Telford. £3 per book, inbox WAPM for more details and to book your tickets. Children Welcome accompanied by an adult £1 for Children's bingo.

Plas Telford Treasures a tabletop sale every 1<sup>st</sup> Saturday of the month, 12pm-3pm an opportunity to sell your unwanted items. Tables £5 to sell items. We Are Plas Madoc have a website so if you'd like to learn more about the group head over to www.weareplasmadoc.co.ukhttp://

#### LITTLE SUNFLOWERS

Open to Flying start Families and Rising 4's. Please contact **Sharon** on **01978 813914** for information on all services available, or message Little Sunflowers Avow Facebook page thank you.

Little Sunflowers Community Book Swap
If you have any donations of books for our book swap
please get in touch. We are asking for donations of
adult and children's books. Please contact Sharon
on 07922 288252 or email sharon.evans@avow.org
if you can help.

#### PLAS MADOC POST OFFICE & TOP SHOP

**Shop** open Mondays to Saturdays 7am to 10pm. Sundays 8am to 9pm.

**Post Office** open Monday to Friday 9am to 5.30pm and Saturday 9am to 12.30pm

Tel: 01978 820729



#### STREET LIGHTING FOR CEFN CC AREA

Lamp posts will be numbered and should be reported to the Community Council on **01978 821298** or by email: admin@cefncommunitycouncil.gov.uk

#### WCBC STREET LIGHTING REPORTING

Please use the online facility, type in the post code it will take you to a map where you can identify the light or road sign:https://www.wrexham.gov.uk/service/street-light-reporting

#### MY ACCOUNT REPORTING

Is that pothole dangerous or annoying you? Did they miss your bins this week? Is that street lamp out or lit up all day? Dangerous tree? Fly tipping? Blocked gully? Overflowing culvert? Noisy neighbour? Abandoned vehicle? Set up a 'My account' at

https://myaccount.wrexham.gov.uk/en Report it and track it online in half the time.

#### STUDY SPACE

With exam time fast approaching it is so important to find time for studies and revision. All of Wrexham's libraries have space for you sit down and study, free access to computer use, printing (small charge per sheet) and free WiFi, plus study and reference books to help you on your way. Why not come and see us and escape the noise!

#### DYSLEXIA FRIENDLY BOOKS

People with dyslexia often have difficulty reading text on a white background, so dyslexia books often use a coloured background instead. For example, some publishers use a yellow or cream-colored paper, which can make it easier for people with dyslexia to read the text without straining their eyes. Dyslexia friendly books also have special fonts created to make reading easier, accessible layouts and spacing to stop the page from becoming overcrowded, and they don't use Italics or quotation marks.

You can borrow **Dyslexia Friendly Books** for children from your **local library**. Call in and speak to our knowledgeable staff who will be happy to help you or browse the collection from Wrexham Library where we have books for children and adults.





## CINEMA CRYPT COMMUNITY CINEMA PROGRAMME

George Edwards Hall Cefn Mawr LL14 3AE

## Sat 22<sup>nd</sup> February *Who framed Roger Rabbit* Sat 19<sup>th</sup> April *Rear Window*

Doors open 3.30pm for 4pm start, tickets £3 at the door, refreshments available, we take cash or card, Free car parking at the rear of the hall, disabled accessible.

See our Facebook page for more information.

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#### CEFN MAWR CONVENIENCE STORE

(Hinds Shop, Bro Gwilym, Cefn LL14 3PA)

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PayPoint

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#### THE FOOD HUT

Breakfast 8am - 1pm • Food 4pm - 10pm Open 7 days a week

#### PLAS MADOC LEISURE CENTRE Acrefair LL14 3HL Tel: 01978 821600

**Pool Timetable:** Our Term Time

Timetable is available on our website and Facebook page

#### https://www.facebook.com/PlasMadocLC

**Family Fun Swim:** Every 2<sup>nd</sup> Friday of the month. Free for Welsh residents - Next Dates are: 14/02/2025; 14/03/25; 11/04/2025 (proof of address may be requested)

#### Free swimming:

Under 16's - Saturdays 3pm - 4pm (extra session on a Monday during the holidays)

Over 60's -Thursday 9am - 10am (proof of address may be requested)

**Gym:** Open Monday to Friday 9.00am – 9.00pm and Saturday and Sunday 9.00am – 4pm.

Induction required before first use.

Our friendly Gym team offer/programmes/personal training and helpful support and advice. Pay as you go or membership options are available.

<u>Fitness Classes:</u> We have something for everyone from Zumba to Kettlebells, see our full class timetable here; https://www.plas-madoc.com/fitness-classes **Sports Hall & Dry activities:** 

Our Sports Hall is available for block bookings for Football/Roller Hockey etc. We also offer Badminton, Netball, Table Tennis and Squash.

#### Café and Soft Play:

#### **Opening Times during Term Time**

Tues and Thurs – 10.30am – 3pm and 3.30pm – 6pm Wed - 4pm - 6.30pm, Sat - 11am - 3.30pm Sun - 10.30am - 3.30pm

#### PMLC Adult Luncheon Club:

**Every Monday (Term Time Only) 12.15pm** Two course meal with Tea & Coffee only £3.50 Booking is essential (call in or Tel: 01978 821600) Teatime Specials available Every Tues, Weds and Thurs from 3.30pm till 6pm

#### Full English Breakfast only £4.50

Every Tuesday & Thursday from 10.00am till 12 Noon! Birthday Parties and Private Hire: Bookings are now available for Soft Play/Swimming Pool/Bouncy Castle/ Football Parties /Roller skating (1 activity per party). Hot Food can be provided from our café. Private hire of our Pool and Sports Hall is also available. Pirate Ship inflatable or floats and rafts available for Private Hire Parties | plas-madoc

Climbing Wall: We are now offering courses following NICAS guidelines. Contact the centre to register your

**Conference and Meeting rooms:** We have a number of different size areas available to hire for meetings and conferences. Catering available.

#### Community Support Hub:

Residents can access advice and practical support from Citizens Advice, Wrexham Foodbank, WCBC Tenancy Support, Cambrian Savings and Loans, Communities for Work, Advance Brighter Futures and The Wallich to name just a few! Let us know what you want from your Community Hub! Volunteers always welcome.

#### Communities for Work -

Mondays 9.00am - 1.00pm Provide one-to-one mentoring for people living in Wrexham aged 20 or over, living in Wrexham and currently unemployed to find a job ideal job.

They cover essential skills, digital skills, education and training, CV writing and job applications, interview tips and techniques, motivation and confidence, volunteering/work placements, self-employment and paid employment.

#### Coleg Cambria - FREE

PLAS MADOC

Mondays 9.30am - 11.30am FREE Digital Introduction to basic computer skills. Booking is direct with Coleg Cambria; Email; Skillsforadults@cambria.ac.uk Tel 0300 30 30 007

Website: www.cambria.ac.uk

#### PMLC Social/Craft Group - FREE

#### Every Wednesday 9.30am - 11.30am.

Do you enjoy Arts & Crafts? Want to meet new people or learn a new skill? Come along and meet our friendly volunteers and have a go at our easy-to-follow Arts & Craft sessions. FREE Tea & Coffee with everything you need provided!

Coming soon Feb 12<sup>th</sup> – FREE Introduction to Clay modelling with Adult Learning Wales.

Email Rachel.jones@plas-madoc.com to book your space!

#### Coleg Cambria - FREE Wed 9.30am - 2.00pm **FREE Basic English and Maths courses**

Booking is direct with Coleg Cambria; Email; Skillsforadults@cambria.ac.uk

Tel 0300 30 30 007 Website: www.cambria.ac.uk

#### Citizens Advice

Every Thursday 9.30am - 12.30pm - Advice and help on everyday issues - Foodbank vouchers available. Wrexham Foodbank

Every Thursday 10.30am – 12 Noon – Please note you must obtain a voucher prior to your visit.

#### WREXHAM FUTSAL FEMALE SECTION



**Player Recruitment** Wrexham Futsal Female Section are looking for committed new players to join and strengthen our current squads - U14s / U16s, U14 school years 8 & 9. U16s school years 10 & 1.1

We have weekly training on a Tuesday from 5.15pm to 6.45pm at Plas Madoc Leisure Centre, Llangollen Road, Acrefair LL14 3HL. If you are interested in trialing or would like more information please call: Coach Paul on 07999 402991 or Coach: Sian 07519 828323

#### WCBC ESTATE OFFICE UPDATE

The Plas Madoc Office is open for all queries and advice, our Kiosk is open for payment of rent and council tax by card only as we no longer accept cash.



Reception open to the public

9am-4.30pm Monday-Thursday, 9am-4pm Friday. It is important that tenants have Home Contents Insurance, please call 01978 292061 for advice on this as we no longer provide this service or email us on PlasMadoc.EstateOffice@wrexham.gov.uk

Are you missing out on any benefits? Here are two quick and confidential ways to check your eligibility on-line: www.entitledto.co.uk

www.benefits-calculator turn2us gov.uk

If you have **URGENT** Out of Hours housing repairs contact housing on **01978 298993**.

#### 1251 BERWYN SQN - RUABON AIR CADETS

The Green, Ruabon, LL14 6DP Do you want to get involved in the fastest growing Youth Organisation in the UK and get the opportunity to try your hand at the multitude of activities on offer, such as flying, shooting and adventure sports? For information call 01978 821191 Mon & Thurs

Evenings. or email OC.1251@rafac.mod.gov.uk

## LOCAL CHOIRS THE FRON MALE VOICE CHOIR

We meet at Ysgol Acrefair Primary on Mondays and Thursdays, 7pm until 9pm during term time and post on our Facebook page other rehearsal venues. We have vacancies in all four sections so please email fron.choir@gmail.com for further details. Choral experience and singing experience, although helpful, is not necessary. You do not need to read music; you simply need to be open to embracing a fantastic new hobby and having a lot of fun on the way! Follow us on Facebook.

#### **RHOS MALE VOICE CHOIR**

Enjoy singing? The Rhos Male Voice Choir is seeking enthusiastic men of all ages and abilities to join our ranks we offer a welcoming and supportive environment to learn, grow and share the joy of singing. Develop your vocal skills and musicianship, experience the thrill of performing live and build camaraderie with fellow singers. No experience necessary, we offer vocal training and guidance to help you reach your full potential. Interested? Contact us today for a no-obligation chat e: rmvc.sec@gmail.com website rmvc.co.uk

#### RAISE THE ROOF COMMUNITY CHOIR

Raise the Roof Community Choir meets most Thursdays at 7pm in St John's Church, Rhosymedre for a singing practice. Anyone interested in singing with us is very welcome just to turn up and join us then. We have a wide-ranging programme of popular songs which we take with us to community homes and groups around the area, as well as a few further afield. If you would like to get in touch with us to join the Choir or book a possible engagement, please contact Alan Tiltman on 07753 251768.

or Nova Evans E: nova.4song@gmail.com

#### THE JAMES LAMBERT SINGERS

We have recently celebrated our 50th anniversary. We enjoyed our festive concerts over the Christmas period and if you would like us to sing for you, or would like more information about the choir, please phone **07774 850677** 

Our weekly practices are on Thursdays from 7.30 to 9.30pm at the *Brymbo Sports Club* where we are always pleased to welcome new members. If you would like to know more, you'd be welcome to come and meet us and hear us practise.

We welcome your News, Photos and Information on Events for inclusion in the next edition of the newsletter.
Please email: tyger@tygertactics.com
To advertise please call Tyger on 07831 542872, message the Cefn & Dee Valley News Facebook page, or email: tyger@tygertactics.com Thank you.

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#### **RUABON LIBRARY**

new or different with others.

High Street, Ruabon, LL14 6NH Tel:**01978 822002**. Email: ruabon.library@wrexham.gov.uk

Mondays: Croeso i Siarad Cymraeg / Welcome to Speak Welsh: 1.45pm – 2.45pm. Giving Welsh learners and speakers the opportunity to socialise, use and practice their Welsh language skills in a fun and informal way.

**Family Lego Club**: 3.15pm - 4.15pm. Suitable for ages 4+. Come and get creative every Monday (except bank holidays).

1<sup>st</sup> Wednesday of the month: Wrexham Family Information Service (WFIS) drop-ins: 2.30-4.30pm.

2<sup>nd</sup> Wednesday of the month: Adult Creative Crafts: 2.15pm. An informal and varied craft session. Bring your own project or share and do something

3<sup>rd</sup> Wednesday of the month: Friendship Group: 2pm-3pm. Chat, share memories and make friends. Last Wednesday of the month: Ruabon Readers Reading Group: 2pm-3pm. Friendly and informal book group. Books provided and new members very

**Last Wednesday of the month:** Children's Crafts 3.15-4.15pm. First session 29<sup>th</sup> January which will be Chinese New Year themed.

**Thursdays:** Quiet Hour: 9.15am-10.15am. Autism/ dementia friendly. We have designated quiet spaces available at all times for anyone who may need it, and we are a designated Safe Place.

**1<sup>st</sup> Thursday of the month: Ruabon Community Agent** Drop-ins. 11am-12pm.

#### Fridays:

welcome.

Knit & Natter: 2pm-4pm. Whether you knit, crochet, sew or just natter, all welcome.

Children's Colouring Club starting 31<sup>st</sup> January: 3.15-4.15pm.

You can browse our great collection of books, perhaps find a new hobby or interest in our non-fiction section, or catch up with your favourite author or read, from historical fiction, crime thrillers, cosy crime and much, much more. We have a large and varied stock of fiction and non-fiction books, audiobooks and large print, Welsh language books for adults and children, Young Adult, local interest and reference. We have a welcoming children's library where you are always welcome to come and share a story or two.

We have free Wi-Fi available, as well as free computer and IPad access. Printing facilities, including Wi-Fi printing, and photocopying is available with a small charge. We have lots of space to study if you wish to bring your own device.

We have monthly, varied exhibitions in our exhibition space (available during library opening hours) ranging from local art exhibitions from local art groups and artists, to historic artefacts and crafts. The space is free to use.

New exhibitors are always welcome, just contact the library for availability and details.

We also have a community jigsaw, come along and see if you can complete it!

You can pick up your blue recycling bags and green caddy sacks from us, and there is a free Contact Wrexham (access) telephone available during library opening hours. Drop-in to our Warm Spaces to have a cuppa and keep warm.

Open: Monday, Wednesday & Friday 12.00 – 5.00; Thursday 9.00 – 1.15; Tuesday CLOSED

RUABON DISCOUNT STORE & POST OFFICE New High Street Ruabon. Tel: 01978 810982
Key cutting, DIY, Ironmongery and more. PayPoint, TV Licencing. Payzone for hassle free payments similar to PayPoint. Bill payment available for rent, council tax, gas (British Gas), water, electricity, SIM cards, mobile phone top-ups. Collect Plus & Amazon Hub Delivery Service. We are open Mon to Fri 8am - 6pm, Sat 9am - 5.30pm, Sun 10am - 4pm.

#### FRIENDS OF RUABON UPDATE

The next monthly meetings are Sat 1<sup>st</sup> February at 10am in the Bridge Inn, Ruabon. Wed 5th March at 7pm in St Marys Church Hall Ruabon. Then Sat 5<sup>th</sup> April at 10am in The Bridge End Inn and Wed 7<sup>th</sup> May Ruabon.

We will be starting or community litter picks in the spring, please look out for posters and information on our Facebook page.

For volunteering, meetings and events please contact **Sarah** on **07957 628551**, follow us on Facebook or email: info@friendsofruabon.co.uk

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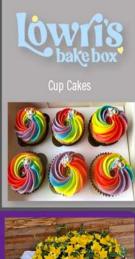


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#### RUABON COMMUNITY AGENT

Supporting over 50s, helping improve health & wellbeing and signpost to appropriate services, Providing easy access to information enabling you to make informed choices about present

and future needs helping you feel more independent, secure and cared for and have a better quality of life. If you live in the Ruabon why not pop and see me at Ruabon library on the 1<sup>st</sup> Thursday of the month, 11am-12pm, for an informal chat. I can help with claims & applications for services, benefits & debit support No appointment needed. I work Tues 9-2, Wed 9-3 and Thurs 9-2. Call **07947 530140**. or

e; ruaboncommunityagent@avow.org





YSGOL RHIWABON NEV Thank you to the following companies for supporting the Year 9 Careers

Careers Wales, Barlows UK Ltd, Wrexham University, Novus Solutions, The Royal Navy, HSBC UK, Airbus UK and Big Ideas Wales The pupils gained valuable insights into careers and the world of work, helping them prepare for their Year 9 options choices.



Following further donations of clothing from Tesco Cefn Mawr our offering of free uniform to all, including winter coats, bags & other clothing items, has increased in stock and are available every Tuesday during term time.

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#### PLEASE LIKE AND **FOLLOW OUR FACEBOOK PAGE: CEFN** & DEE VALLEY NEWS.

We post an electronic version of each edition of the newsletter there which vou can download, share with friends or send to family who live away. We update this page with current news and information from our Advertisers and their services, together with local events and activities. We also post an album of photos that includes the ones we could not fit in to this edition of the newsletter for you to enjoy.



#### TREVOR VISITOR CENTRE NEWS

The visitor centre is closed until March, but you can still contact us via email

#### Trevor.Visitorcentre@canalrivertrust.org.uk

Please check our Facebook page for the centre opening dates and volunteer opportunities for the new season along with events and activities.. Please note the Pontcysyllte Aqueduct will be fully closed for its annual maintenance until the March 14<sup>th</sup> 2025.

#### CAN COOK / WELL FED MOBILE FOOD VAN

On Tuesdays we visit Plas Kynaston Football Field LL14 3PU from 2 to 2.30pm Coronation Street, Cefn Mawr from 2.30 to 3pm Rhosymedre Primary School LL14 3EG from 3pm-4pm. Meals are available to purchase on the day and can be pre-ordered for the following week. Microwave meals, slow cooker bags & more from toiletries and food cupboard items. Also selling bread, milk, eggs, household items and much more. See our Facebook page and message us if you need more information.



**Residents at Llys y Graig** got into the Christmas spirit with their own carol singers display! They also enjoyed the Christmas Party at the George Edwards Hall.



JACK AND THE
BEANSTALK
Wed 26<sup>th</sup> - Sat 1<sup>st</sup> Mar.
at 7.30pm. Matinee Sat 1<sup>st</sup> at 2.30pm.
Chirk Pantoholics will be presenting their annual Panto Jack and the Beanstalk at Chirk

Parish Hall Tickets £6 and are available from Pat please call **07473 228568**.

Or from Fine Things and Cake Kitchen in Chirk

#### **Dee Valley Childcare**

Dee Valley Childcare is pleased to announce the successful launch of its childcare service, which officially



opened on 8th January at Garth CP School.

Designed for children aged 3 years to 5 years, this service provides a safe, engaging and nurturing environment for early childhood development, with convenient operating hours of Monday to Friday, 11:30 AM to 3:30 PM. "Our goal is to support families in the local community, by offering a nurturing and stimulating environment where children can thrive," said Lauren Williams, Person in Charge at Dee Valley Childcare. "Since our launch on 8<sup>th</sup> January, we've been excited to see children explore, learn, and build confidence in our care."

Applications are currently open, with limited spaces available. Families are encouraged to contact *Dee Valley Childcare* to schedule a visit or learn more about the service.

For more information, please contact Dee Valley Childcare on **07394 916493** or by calling Garth School on **01978 820582**.



Thanks to Sharon Cartwright for letting us use her photo.

#### TY MAWR COUNTRY PARK NEWS

The Park is open all year round so do come and enjoy the countryside. Please check our Facebook page **Ty Mawr Country park friends group** where we will post details of our pop up events and activities and our half term activities over the winter and spring months weather permitting.

Ty Mawr has had a few changes over the last year and we would like to say a big thanks to everyone who have support our events, donate toys, wood and anything that we ask for as you can see it really does make a difference.

We had a goat play area build which is used regularly by Ivor, Mwg and Eira.

Venus and Mimosa moved in with the llamas in a new field for them both.

All our animals have had lots of enrichment equipment and toys. All thanks to your help and finally the brand new Guinea pig house which is loved by our 5 guinea pigs.

The large pen was a grant but all the rest is what your support in attending our events and your donations, have help create we really can't thank you enough.

We still welcome your fruit, vegetables and peelings for our animals. Also if you are sorting out toys after Christmas don't forget our animals please.

#### Looking for an unusual Gift?

Did you know you can sponsor your favourite animal? The sponsorship scheme has been running since 2006 and has proved to be hugely popular. Money from sponsorship helps towards the upkeep of the animals, including housing, feed, and veterinary bills.

For just £10 per year for small animals and £15 for larger animals, you'll receive a personalised certificate, and a chance to meet your chosen animal on a chosen day! Don't miss out on this incredible opportunity to make a difference and connect with the amazing animals at Ty Mawr.

To sponsor an animal go to WCBCs website https://www.wrexham.gov.uk/.../ty-mawr-country-park and follow the details given and become a proud sponsor today!



#### ERDDIG NORDIC WALKERS

We were established in 2015 and reconstituted in 2016 to its present form. Our purpose is to provide opportunities to engage in Nordic Walking and accrue the benefits from that exercise form including health and wellbeing, mindfulness and battling loneliness. Make and develop new friendships and relationships with like minded people whilst having fun in a safe secure, non-threatening environment. Join us on our weekly sessions for a fun way to get fit with a friendly group of people whilst enjoying the great outdoors. We walk in a variety of locations featuring some of the most beautiful scenery and surroundings in the Wrexham area. Members regularly tell us how energised they feel after a Nordic walking session.

Exercise boosts your fitness and mood, which contributes to overall health and well-being. If you're not a fan of the gym or don't have time for classes, then Nordic walking is the answer. All walks are followed by a social, offering a great chance to meet with like minded people and make new friends.

We look forward to many enjoyable walks with you. The first Saturday in every month is our training day in Erddig Hall and the training is given by our British Nordic Walking trained instructors.

Following your training you can then join one of the weekly walk groups to practice what you have learned with the support of the walk leaders who accompany all walks. All this for just £1 a walk, no membership charge and free training, why not come along and give it a go.

Whatever your age, come and discover the benefits of Nordic walking and improve your quality of life whilst enjoying the great outdoors. Please contact us to book on our next training day through our Erddig Nordic Walkers website.

www.erddignordicwalkers.co.uk



### communitycatalysts®

unlocking potential effecting change



Community Catalysts was established in 2009, helping people to use their skills and passion to build care-focused businesses. Community Catalysts Wrexham project support individuals and

groups in creating small, sustainable enterprises that provide essential services such as homecare and companionship.

We offer practical support, networking opportunities, and mentoring to help individuals and groups to develop small businesses that feel good.

Community Catalysts support over 70 enterprises in Wrexham and this number is growing. Some of the enterprises feature on our Small Good Stuff directory http://www.communitycatalysts.co.uk/

smallgoodstuff including customer reviews to help people make informed choices about the care they receive.

Community Catalysts welcomes anyone passionate about providing care, regardless of prior experience. Our free development program guides people through every stage of setting up and running a

Are you already helping a neighbour or friend with running errands? Does helping others make you feel good? thought about creating your own care-based business?

Contact Community Catalysts to transform your passion for helping others into a thriving local enterprise. Annette Thomas phone: 07880 195114 e: annette.thomas@communitycatalysts.co.uk

Poppy **Appeal** Volunteers needed in your area



We need volunteers in your local area to help raise vital funds for this year's Poppy Appeal.

Interested in volunteering and supporting our **Armed Forces** community?

Search rbl.org.uk/ poppyappealvolunteer



#### **RHOS COMMUNITY AGENT**



Working for Rhos Community Council I work with residents, over the age of 50, in Rhos, Johnstown and Ponciau signposting to groups, clubs and activities, helping completing forms and

signposting to services which support local people. I have a Facebook page giving up to date information on current events, activities and advice, which can be found under 'Rhos, Johnstown, Ponciau community agent'.

Community Afternoon Tea and Film events have been planned in for the year on 12th February, 21st May and 24th September. Please contact myself for more information and tickets.

There will be **coffee mornings** on the 1<sup>st</sup> Wednesday of each month at Johnstown Community centre on Heol Kenyon 10.30am till 12pm. There will be bacon baps, hot drinks, information on different services and a craft activity. Open to all.

Bingo sessions are the last Wednesday of the month held at Hafod Colliery club, doors open 12.45pm, eyes down 1.30pm and finishes at 2.30pm.

Reminisce group is held at Rhos library on the third **Friday** of each month 11am-12pm and supports those living with dementia and their carers.

There are spaces available at the art club, held at Rhos library on **Fridays** 1.30pm-3pm. Please contact me for information on local support available via phone on 07851798630 or email: rhoscommunityagent@gmail.com

Thank you. Michelle Wynne



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Servicing & Repairs Of All Makes & Models. MOT Preparation & Testing. Supply and fit tyres. Batteries and Brakes. Used bikes bought and sold. We Pick Up, Repair & Deliver on Request.

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#### YSGOL MIN Y DDOL NEWS

Ysgol Min y Ddol – Cefn News Blwyddyn newydd dda, iach ac hapus to you all. What a wonderful start we've had to the Spring term. Despite the cold weather, we have continued with our learning and have made the most it! Christmas at Min y Ddôl was its usual magical time; we had a panto at school where all the pupils, from Nursery to Year 6, enjoyed a performance of Jack and the Beanstalk. We also had a very successful Christmas Fair and 5 Christmas Concerts, with excellent performances from everyone. Our Christmas fundraisers, between school and our 'Ffrindiau', raised an amazing £2,500 between them. That amount is testament to the close, hardworking and supportive school community we have.

SOUSTRE SOUSTR

Thank you everyone for your continued support, we very much appreciate it. We always welcome new additions to Min y Ddôl and animals are no exception! Ned, our therapy rabbit is as busy as ever visiting classes and spending time with the children throughout the day. The school council are excellent at organising his timetable and ensuring everyone gets time with him. Whether it be to clean and organise his hutches, learning how to care for him, time for attention and enrichment, time outdoors with him or just daily check ins. Ned is making a huge impact at Min y Ddôl and is a welcome addition to our Trauma Informed whole school approach.

school approach.

Our excellent After School Club have been busy too....they have welcomed exotic animals twice to club and have ongoing fortnightly football and dance sessions to occupy the children! The children enjoy everything that's on offer.



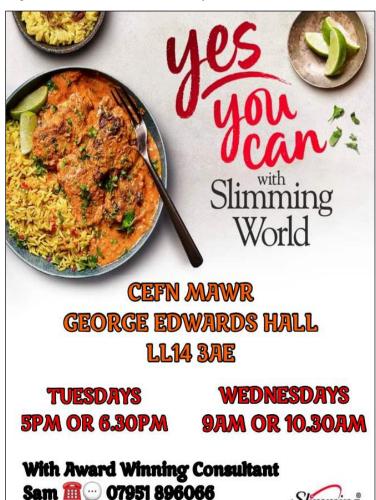
residents with a mixture of both Welsh and English Christmas carols. It was heart warming to see everyone come together and unite in song. Once they had finished performing, the pupils spent time with the residents and had a good chat and catch up!

Our wonderful parents and community surprised the school with our very own Christmas present. They had secretly been fundraising and finding sponsors for a new football kit for the school and, wow, what a kind gesture it was.

We were very touched. Thank you to everyone who donated; parents, friends and family, *The Chapel Tea Rooms* in Trevor for hosting a fundraiser Quiz Night and to *Kronospan* for agreeing to sponsor us – you are all superstars and we - the staff, children and parents of Ysgol Min y Ddôl, are so grateful to you all. Diolch yn fawr.

Talking of our wonderful community, another thank you to **Tesco and Cefn Mawr Community Council** for their kind donation of school uniform to the school; the 'help yourself' stall in the Christmas Fayre was a huge hit and gratefully received.

Our school choir were very fortunate to be invited to sing at Plas Telford where they entertained the



slimmingworld.co.uk

#### **CHIRK GARDENERS' CLUB**

We're a friendly, informal group with about 60 members. Meeting in the Parish Hall, Chirk on the last Monday of the month at 7pm with a talk or demonstration followed by refreshments. We usually have a selection of members plants for sale and a raffle. This is a good time to swap gardening knowledge and tips with other gardeners. Our annual membership is £15 including refreshments and a members annual outing, or £3 per visit.

If you would like more information please contact the Chair, **Dawn** on **07538 418421** or

#### dawngough60@gmail.com

New members and visitors are always welcome. We are back on Monday 24<sup>th</sup> February with Richard Lewis on *Waking Up Your Garden in Spring*, Richard a former lecturer and podcaster will take us through the jobs to do in spring, his talks tend to be audience interactive and can turn into an informative question and answer session not to be missed!

On 31<sup>st</sup> March we welcome Rachel Strivens who will be guiding us through *Organic Gardening & Effective Composting.* All you need to know about gardening organically including how to make great compost. Rachel is Chair of Shropshire Organic Gardeners, an Associate of Garden Organic and a Master Composter.

On **28**<sup>th</sup> **April** we have Darren Rudge with **Plants for Free.** He will share his Power Point display and practical presentation. The laughing gardener returns! Darren is a BBC radio presenter and broadcaster.

#### **GLYN CEIRIOG & CEIRIOG UCHAF**

**COMMUNITY AGENT** Christina Brewin works with all over 50s, in the areas of *Llansantfraid*, *Glyn Ceiriog*, *Nantyr*, *Pandy*, *Tregeiriog* & *Llanarmon DC*. Offering free advice and information and connecting you with key local services. Phone or text: **07908 373003** or email:

#### glynceiriogcommunityagent@gmail.com

She works Wed and Thur 10am - 6pm. Sat morning 9am - 1pm. Available for phone calls Monday and Tuesday evenings between 6pm - 8pm. Here to help!



#### **GLYNTRAIAN COMMUNITY AGENT**

**Davina Davies** supports all over 50s with free advice and Information to improve your quality of life, health and wellbeing in **Dolywern, Pontfadog, Llechrydau,** 

Llwynmawr parts of Castle Mill and Bronygarth. We have *Brunch Club* every Tuesday, Brunch served 10 till 12 noon, and everyone is encouraged to stop and chat afterwards at the Oliver Jones Memorial Hall,

Computer Club every other Wednesday and Coffee & Cake every other Thursday. My working hours are every afternoon from 12.30pm and all day Tuesday. You can contact Davina on 07496 597894 or

email: communityagentGT@glyntraian.org.uk

#### CHIRK COMMUNITY AGENT

**Brigitte Price** supports the over 50s in our Chirk community. Let me know how I can help you live your best life by improving your wellbeing. Signposting you to helpful services, reconnecting you with your local community and much more. Please contact **Brigitte** on **07383 579824** or **01978 312556**.

Email chirkcommunityagent@avow.org





## We need 350 donors to come forward every single day to supply hospitals in Wales.



The Welsh Blood Service aims to have at least 7 days of each blood type to help patients in need across Wales. Can you help by giving blood? Book today! https://wbs.wales/CefnAndDeeValleyNews



#### **HECTORS GREYHOUND RESCUE**

Thank you to the amazing staff at **Kronospan Chirk** for raising £1475.00 for our dogs in need. Your support is most welcome.

We are a small, passionate rescue with a dedicated group of volunteers devoted to saving and rehoming ex-racing greyhounds/other sighthounds. We work to rescue greyhounds from the racing industry that are no longer wanted or that have been abandoned, as well as other sighthounds who need us.

We work to rescue and rehome these dogs into loving, forever homes however we have noticed a definite slow-down in adoptions perhaps due to people struggling financially?

To help or adopt one of our beautiful dogs please call us on **0300 011 011 9** and leave a message if we are unable to answer immediately or visit our website **https://hectorsgreyhoundrescue** and fill in the online form, thank you.



## CHIRK AIR CADETS KINGS CORONATION MEDAL

Congratulations to WO Jones who was recently awarded her King's Coronation Medal by Sector Commander, Sqn Ldr Wojcik-Jones.



Dog Treats
We have a
variety of all
natural dog
treats, scan
the QR code to
visit our
website

Service
We Provide
Dog Walking
Pet Pop Ins
Adventure Days
Scan to visit
our Facebook
page!





Please contact me for more information Phone: 07719 473629

E: karinasdogwalking@outlook.com





Dear All, we are working to bring Sustainable Tourism Development to our community. WCBC & Partners are building a new car park at the Windborne Gateway (the old Monsanto weigh bridge car park) to facilitate the Trevor Basin and aqueduct. We applied for similar back in 2011/12 to offset the impact the (then new) Tesco Super Store and bypass would have on our local business community. The main reason we applied for such and now support WCBC in this is, because it is 500 meters in either direction from the car park to the aqueduct OR OUR VILLAGE CENTRE, i.e. the main parking for the area will be in the middle.

We need to make this very clear to all the 500,000 visitors to the aqueduct every year and then instead of the slow demise of our retail sector we should see increased opportunity and commercial activity supporting our local economy. Cefn Mawr and surrounding villages were once a leading business community in Southwest Wrexham but has unfortunately declined to the second poorest community in Wrexham County according to the Office for National Statistics 2023 Report. This has largely happened over the past 15 years since UNESCO Inscription and therefore begs the question, what value does the World Heritage Site on our doorstep have for our community?

To date the economic benefit of WHS status has been limited to a very small sector of our community unlike Llangollen and Chirk which have both done well out of such. Llangollen is regularly overrun with tourism every summer and often sees grid lock due to the excessive amount of traffic, whilst our streets remain empty. People travel by car, boat and coach from Llangollen to see the aqueduct causing exasperating problems for our community here, without any real return for the encumbrance of such.

So, we are proposing a turnaround which can be delivered at minimal expense with our existing facilities. A Park & Ride scheme between the new parking facilities at the Windborne Gateway and the HOLLY BUSH INN Bus Stop. People visiting the aqueduct will be able to park and ride the bus into our village centre for free, and each passenger will be issued a bus ticket which can be handed in to the Pontcysyllte World Heritage Site Visitor Centre in the Ebenezer and we will pay their bus fare plus a donation to a charity such as Hope or Nightingale House. With a visitor count of 500,000 people every year this could represent a very significant economic stimulus for our community and donation to charity. We invite all local businesses to join in with us in this scheme which they will benefit from. We are hopeful that both Community Councils and WCBC &

Partners will also be willing to work with us on this for a much-needed upturn in our local business community. Regards David Metcalfe

#### www.pkcgroup.wales

The Ebenezer, Cefn Square, Cefn Mawr, Pontcysyllte World Heritage Site, Wrexham, LL14 3AB, Tel 01978 449 814

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